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- 🌸 There is a Truth within the Heart. If you negate this, it is escapism. Bhagavan said: “Accept that you aren’t aware of it but don’t say that it doesn’t exist. God has no necessity to speak lies.”
- 🌸 One shouldn’t judge others. Rather one should consider how they themselves would behave in the circumstances the others have been placed into.
- 🌸 Your work should not facilitate in ego satisfaction. Rather it should facilitate in attaining Self Realization.
- 🌸 A devotee asked Bhagavan Ramana: “We are indebted to you. How can we clear the same?” Bhagavan replied: “View Me in everyone. Your debt will be cleared.” Ensure that you have the same amount of Love towards all the Jivas as much Love you possess for your Guru.
- 🌸 People with reasoning can tread the path of Knowledge. People with emotion can tread the path of devotion. People fond of work have been prescribed the Karma Yoga. One can get liberated treading any of these paths.
- 🌸 Don’t try to become something. Try to ‘Be’. You will get merit by doing something. On assimilating the ever existing one as it is, you will attain Self Knowledge. The fruit of merit comes late. The fruit of Knowledge can be experienced here and now.
- 🌸 When Bhagavan was asked: “The other Swamis give us ashes. Why don’t you give us anything?” Bhagavan replied: “I don’t have that power.” There wasn’t any criticism. See how egoless His answer has been.
- 🌸 Go-getting people have more anger. As they aren’t opposed by anyone, their anger increases. The external people are not your enemies. Desire and greed are your enemies. If you keep on satisfying your desire, there is no end to it. It keeps on increasing as and when it gets satisfied. The mind then assumes a ferocious form.
- 🌸 A Jnani’s words must be considered authentic and not the words of the people with likes-dislikes.
- 🌸 As you keep analyzing the ego, it gets annihilated. When it is destroyed, you don’t cease to exist. You remain as the Self and experience the Bliss.
- 🌸 Being angered by Bhagavan, a devotee went back home. After a while, when his anger subsided, he wrote back to the ashram expressing his willingness to come back. When Bhagavan was told about it, Bhagavan said: “Answer him neither positively nor negatively.” If you ask him to come back, it will increase his ego. Bhagavan’s intention was to ensure that the devotee’s ego will not increase.

- ❁ A devotee complained to Bhagavan: “I have prayed God to ensure that a task yields favourable results to me. But it didn’t happen.” Then Bhagavan replied: “Perhaps you will get much more ruined by doing so. Hence God didn’t answer your prayers.”
- ❁ Expression emerges out of experience. Language is required for expression and not for experience. The beauty of language may be lost sometimes. Lord Dakshinamurthy preached in Silence. Even the Silence preaches but its recipients may be less.
- ❁ Don’t be concerned whether the Self within the Heart is dual or non-dual. Try to bring it into your experience. Once you bring it into experience, you will understand whether it is dual or non dual. Why are you concerned about the taste when you are about to eat?
- ❁ Some problems get resolved through tolerance. The mental wounds are healed by tolerance. Every person has physical needs as well as mental needs. This subject (Metaphysics) fulfills 90% of the mental needs. Being tolerant doesn’t infer being innocent. Tolerance preaches civilization.
- ❁ People with lesser Non dual tendency (Advaitic tendency) cannot assimilate the Self as it is. It is difficult to attain the Non dual tendency. Without the non dual tendency, the words become weightless and depthless. The Non dual tendency is the fruit of the meritorious deeds of several births.
- ❁ If anyone complained Bhagavan of being rebuked by someone, Bhagavan replied: “Let them do it till their mouth feels the pain. Once their mouth starts experiencing the pain, they will stop it on their own.” Once you start arguing, your energy will be lost. Be Compassionate towards those who rebuke. Don’t get emotional on being rebuked. Bhagavan is more concerned about the eradication of our ignorance. Bhagavan’s state is a great one which cannot be understood by ordinary people.
- ❁ You don’t have the idea as to what needs to be attained. You need not give up reasoning. Traverse as far as possible with the aid of reasoning. You will become blind if you give up reasoning. The things beyond the reason have to be bestowed by God out of His Grace.
- ❁ A Jnani resembles a cat on the wall. He can view the people on both the sides of the wall. He becomes a teacher when He preaches his fellow beings the things on the other side of the wall. Bhagavan Ramana is one of such teachers. Once you attain Self Realization, whether you preach or not doesn’t really matter. The world will get benefitted.
- ❁ Lord Krishna did not consider any task to be superior or inferior. When the Pandavas conducted the Rajasuya yagna, He performed the task of picking up the remnant leaves used for eating. He

did not consider serving food to be superior and picking up the remnant leaves used for eating to be inferior.

- 🌸 You don't identify with that which exists forever. Due to this, you identify yourselves with the body and mind. The body, mind, birth and death, all these seem to be true. All these tussles arise due to non identification with the ever existing Self. But you have to identify yourselves with the Truth. As long as you attain Self Realization, the things emanating from ignorance seem to be true.
- 🌸 A devotee asked Bhagavan: "Whom so ever I help, they turn out to be my enemy. Why is it so?" Bhagavan replied: "Even this enmity is pertaining to the mind. How do you lose if they become your enemy? You anyhow get separated from them after your death. Now that separation is happening a little beforehand. How do you lose by this separation? If you remember that separation is inevitable after death and you are getting separated beforehand, all this would seem to be trivial. When you get separated from someone, it is your mind that gets disturbed. Once the identification with the mind is lost, there is nothing to worry about.
- 🌸 We have come onto this earth to enact our role. Each one has to play their role and move aside. What the role is about is not relevant but how you enact it is more significant. God examines how you perform the assigned task. If you enact the role perfectly, your tendencies will subside.
- 🌸 You consider yourselves to be good or bad based upon other's opinion. If other's judge you to be good, you consider yourselves to be good and vice-versa ie if other's judge you to be bad, you presume yourselves to be bad. You thus give up your own thinking. Give up the thought of how you are perceived by others. Examine yourselves and Know Thyself. Though you are not habituated to it from the beginning, habituate it atleast now.
- 🌸 Once a devotee was reading a book in front of Bhagavan. Another devotee beside him said: "Bhagavan! The reader himself does not understand the content." Then Bhagavan replied: "He is doing the task of reading. You perform the task of understanding. Why don't you put it into practice rather than complaining about others not doing it? Why are you bothered about others?"
- 🌸 Analyzing oneself enhances discrimination. It begets subtle intellect. Take utmost care in protecting your subtle intellect in the same manner as you protect your body. If not, you cannot grasp even if God preaches you assuming a form. Subtle intellect makes you eligible for listening. When you become eligible to listen, you will be gifted with Guru.
- 🌸 While performing spiritual practices, do them patiently and peacefully. Don't count the days spent in this process. Once the patience is lost, the spiritual aspirant loses his perseverance. If you make a true effort to get rid of your ego, God will interfere. Without God's interference,

you cannot overcome the ego. God fixes the epoch. If you make effort sincerely, then everything happens in its own time. It is called as Divine Interference.

- ❁ In order to kill their time, some people compile and discuss the filth in the market. They are of no use either to the listener or to the speaker. Both the listener as well as the speaker incurs the sin of discussing it. Rather than wasting your time in this manner, make the best use of it in Knowing Thyself.
- ❁ You think that you reside in one place and not in another. Therefore you will get rebirth again. Journeys and births become inevitable if you don't become omnipresent and restrict yourselves to a single place. When the omnipresent Self is revealed as 'I', there will be no more journeys and rebirths. After the body is subject to death, you cannot perform spiritual practices even if you desire to do so. Self Realization has to be attained only when the body is very much alive.
- ❁ If the day to day activities are performed with devotion, the work gets completed as well as God's Grace is attained. Do the small tasks in a grand manner. It will fetch you God's Grace. Self is not concerned whether the task is big or small. Whatever you do, do it devotedly.
- ❁ The ocean may contain several pearls. But there are many more pearls within the Heart. People plunging within the Heart attain the pearls of Knowledge. You must possess the requisite poise to plunge within the Heart. Until you are heavy enough, you cannot plunge into the Heart. It is obtained only through dispassion. Bind yourself with the stone of dispassion and plunge into the Heart.
- ❁ Self is very natural. Therefore only those people who perform their duty naturally get attracted towards the Self. They get liberated in that path alone. They need not perform any other penance. It is enough if they perform their duty naturally.
- ❁ If your attraction for sensory objects has to be reduced, constantly contemplate upon God. You will then get God's Grace. You can transcend the external attractions only by God's Grace.
- ❁ God is the Master of this Universe. He owns it entirely. You offer Him that which He already owns and feel as if you made an offering to Him! You give Him back that which He already owns and consider it as a great sacrifice! You are loaded with such flaws. They give rise to doer-ship, which is the root cause of sorrow. The goal of all the spiritual efforts is the eradication of doer-ship.
- ❁ God dwells within the Heart. Internally He exists as the Self and externally He is present as the Guru. God Himself assumes the form of a Guru as the fruit of your past meritorious deeds. By adoring the Guru, on listening to His words and constantly contemplating upon them, Self Realization can be attained. It is the result of your past meritorious deeds that God assumes the

form of a Guru and talks to you currently. He comes to your house in order to preach. He preaches you as if you are separate from Him. Guru's preaching annihilates the separateness, which then reveals the Self. Guru is the very embodiment of preaching and takes you back to your origin.

-  You currently have wrong identification. Therefore worship, japa and meditation have become necessary to get released from them. They are of no use to a person without wrong identification. It is only due to the small mistake of wrong identification that you are getting entangled with body-world, merit-demerit, likes-dislikes, heaven-hell, coming-going, birth-rebirth and all the other dualities.
-  A meditating person always searches for a reason to break his meditation and get out. Meditation is also not a correct state. If it were a correct state, it shouldn't be painful. There is an effort involved in meditation. Hence the meditating person cannot remain natural. Man becomes disturbed and sorrowful only due to wrong identification. When there is no wrong identification, there is no necessity for meditation. It doesn't infer that one shouldn't meditate at all.
-  Whatever path one may tread, if done whole-heartedly, the Self within the Heart showers it's Grace and reveals its true nature to them.