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- 🌸 A society devoid of Jnani's & incarnation's preachings, resembles the salt less pulses.
- 🌸 A Jnani need not preach exclusively. It is enough if he possesses a body.
- 🌸 Honour and Dishonour are pertaining to body bound 'i'. If you possess body mindedness, the body bound 'i' will get flattered on being honoured and will get depressed on being dishonoured.
- 🌸 Rather than decorating the ego, if your work is directed towards satisfying the Master of the Universe, He will shower His Grace and bestow you with Self Knowledge. You may not be able to do great things. Though the task may seem to be petty, if done for attaining God's Grace, God will bestow you with Supreme Peace.
- 🌸 Bhagavan Ramana said: "Attaining Self Knowledge is not as difficult as it seems to be. It is most easy when compared to any other task." When a devotee asked: "How is it so?", Bhagavan replied: " Why do you doubt? What can I say if you doubt? Attaining Self Knowledge is most easy. You may have to put the effort of plucking the flowers in order to adore God. But you need not even put that effort in order to attain Self Knowledge."
- 🌸 If a person wants to reform himself as well as the society or raise his level of Consciousness, there is an easy way out. He has to blend the work with sacrifice. If the fruit of your actions are offered to the society, both you as well as the society will get reformed. Blending the work with sacrifice alone can reform your family as well as the society. It will raise the Consciousness level of the society. Both your family as well as the society will incur a great loss on account of your laziness. Work and Self Knowledge don't conflict each other. Self Knowledge never preaches to become lazy rather it preaches to perform the duty.
- 🌸 In spite of being a great Guru and a great Jnani, Bhagavan Ramana said: "I am one amongst you. I did not descend down but I have ascended up ie I am not an incarnation but reached this state by making due effort." When anyone asked Bhagavan: "We are toiling hard whereas You have attained Self Knowledge without any effort", Bhagavan replied: "That which seems to be effort from your perspective might have been completed by me in my previous births."
- 🌸 A Chinese philosopher mentioned two things to be very difficult in this world. If you can assimilate them, you will become equivalent to God verily on this earth. Both these things are 100% applicable to Bhagavan Ramana: 1) Preach without speech 2) Work without doer-ship. No words should be spoken out but still the preaching should be done. Work has to be done but without any doer-ship, egolessly. Even you can ascend the throne of Self Knowledge by working thus. The Chinese philosopher has quoted both these tasks to be most difficult. It is Bhagavan Ramana who has attained both of them. He preached in Silence without speaking out. He

worked without doer-ship. Don't think that Bhagavan did not work. As quoted by the Chinese philosopher, if anyone has worked in a true sense in this creation, it is Bhagavan Ramana.

-  Man becomes sorrowful on account of doer-ship. Caste, Name, form etc are all dependent upon body mindedness. The moment the body consciousness gets destroyed there is no more caste, name, form and everything else. When the body consciousness is lost, all these are also lost.
-  You perform your tasks but do them mechanically. You don't do them whole-heartedly and devotedly. You lead an artificial life. Artificial life does not reveal Truth.
-  As long as you are restricted to the body, the Supreme Consciousness is not revealed. Supreme Consciousness is all pervading. It is beyond the creation. It exists even within your Heart. Supreme Consciousness exists even when the world exists. It continues to exist even when the world gets dissolved. Thou are that (Supreme Consciousness). The body may die but the Supreme Consciousness is deathless. Supreme Consciousness is beyond birth and death. The 'I' thought emerges out of the Supreme Consciousness. The 'I' that you refer to is not true. As it is not true, it is subject to ups and downs. The Truth is always balanced. Supreme Consciousness exists in the source of the 'I' thought. If you catch hold of the 'I' thought and reach its source, you will get merged in the Supreme Consciousness. In order to get merged in the Supreme Consciousness, Love whole heartedly the Jnanis and external Gurus.
-  God sends several Gurus and incarnations onto this earth in order to drive us in the right path. When the Gurus are honoured, they don't derive any kind of happiness from it. You honour them only for the sake of your happiness. The Guru becomes happy only if He possesses body consciousness, else why will He experience happiness? Both the honour and dishonour are the same for those who lack body consciousness. As you keep on loving the Guru, who lacks body consciousness, He will ensure that you will attain the state devoid of body consciousness. God doesn't get benefited on being adored and honoured. It is you who will attain Self Realization on adoring God. As you continue loving the external Guru, He will ensure that you will attain the true Guru within. Though you may presume the external guru to be true, He is aware of the fact that His body is not true. Though you may not know the Truth, the Guru whom you adore knows the Truth. He drives you towards the Truth within the Heart and will not abandon until you attain it. A Self Realized soul always abides in the Self. He is the Jnana Guru. He has no work with the body. He takes up a body only for our sake.
-  The body dies but the Supreme Consciousness is deathless. The Supreme Consciousness, which is referred to as God, has revealed itself as 'I' to Bhagavan Ramana at the age of 16. Bhagavan experienced that the Supreme Consciousness is deathless and it is the body which is subject to death. It is Bhagavan alone who has attained such a supreme state (the goal of the entire

mankind) at the tender age of 16 even without listening (about Self) or learning from the Guru or going on pilgrimages. From the Vedic age till date, you don't see anyone attaining Self Realization in such a manner.

- ❁ Time has been broadly classified as Satya yuga, Treta yuga, dwapara yuga and Kali yuga. These yugas are relevant only for an ignorant and not for a Jnani. A Jnani has only one yuga ie Satya yuga. When Bhagavan Ramana stayed in Madhurai, He attained Self Realization in the teenage itself. His entire teaching originated from His experience. The very goal of His teaching is to facilitate us to attain the Supreme state that He has acquired.
- ❁ When an incarnation or a great Guru wants to liberate you, none can stop it from happening. Neither the bad tendencies nor the external nature nor the external enemies can obstruct it. When you attain the Grace of Supreme Consciousness, all the external powers become powerless. There is someone within, who drives your thinking faculty. When He directs you in a manner that facilitates in reaching Him, the external powers cannot create any hurdles. Even if the hurdles come, they do not sustain. Your mere desire to get liberated will not bring you Self Realization. God is revealed only to those upon whom He would like to shower His Grace. Without His Grace, God cannot be revealed.
- ❁ Merit-demerit, friends-enemies, duality etc are all pertaining to the body. They are as true as the body. Supreme Consciousness is in no way related to them. Whether you are aware or not, you are the very embodiment of Supreme Consciousness. What is the nature of Supreme Consciousness? It is blissful and peaceful. God represents Existence. An element of it is within us. Therefore no person would like to die. It is because the ever existent and deathless Self is within us. Until you realize and experience that deathless Self, you will be constantly subject to death. Until the deathless Self, within your Heart is revealed as 'I', the birth and death will become inevitable. Bhagavan Ramana, through the death experience, became aware that the deathless Self and the body are in no way related which made Him Guru to the Universe. He thus became Ramana Maharishi. He always said: "Look at thyself and then at the world. Who are you? You are the Self. When you realize that you are the Self, the entire world also seems to be the very embodiment of the Self."
- ❁ There is someone within you who controls your thinking faculty. He has to catch hold of you but you cannot catch hold of Him. If your thinking faculty gets merged in Him, He will be revealed to you. One who controls your thinking faculty cannot be grasped through the intellect. He will be revealed to you only when you surrender unto Him.
- ❁ After the body's death, even if you visit Kailasa or Vaikuntha, you will have to come back onto this earth. After death, everyone goes to the world related to their personal God. They again come back to this earth. This arrival-departure does not represent the final state. Here

Bhagavan Ramana has mentioned a naked Truth. You presume that you exist within the body, the world is outside the body and God exists somewhere else. As long as these three exist, the departure from and re-arrival back into this world becomes inevitable. The God existing somewhere, the world visible to you and the 'I' with which you identify yourselves should become one and the same. Only that represents the Ultimate state. Only then it becomes your final birth.

-  Your intellect, effort and meditation alone cannot enable you to overcome the forest of ego. You cannot transcend the ego without the Grace of God.
-  Some people state: "We are meditating. Our health also seems to be good." Such people are restricting meditation to body alone. The Kaliyuga is forgetting the very purpose of meditation. Your meditation and Self enquiry should help you in controlling the mind and attaining God Realization. The purpose of meditation should not be restricted to body and mind alone. The goal of meditation is to experience that which has to be attained (ie God).
-  Both the bondage as well as freedom is not true. They are illusions of the thinking faculty. As long as you are within the ambit of these illusions, Truth will not be revealed. If you want the Truth, you have to overcome these illusions. As long as you identify with the mind and become limited by the thinking faculty, the bondage and freedom seem to be true. The True 'I' ie the Truth has neither bondage nor freedom. The target of the Lord's entire preaching is to take you to that Ultimate Blissful state where there is neither bondage nor freedom. Will a mountain move if you try to move it? No. Similarly when you reach that Blissful state, inspite of being subject to the entire sorrow existing in this world, it cannot disturb you from that Blissful state. Neither sorrow nor birth-death can perturb you anymore in that Blissful state.
-  Don't waste your time and energy.
-  You identify yourselves with the body bound 'I' due to the tendencies pertaining to previous births. The spiritual practices can be performed later. First doubt the existence of this body bound 'I'. It will shake the foundation of the body bound 'I'. Only then the body bound 'I' will clear your path.
-  Some incidents are beyond reason. God cannot be attained with reasoning. Reasoning is limited to intellect. Bhagavan Ramana did not ask you to forgo reasoning. You can rely upon reasoning as long as you find it useful. When you don't find it useful anymore then start depending upon faith. Faith shakes the mountains. When the Self is within your direct experience, why should you rely upon faith or belief? Faith and belief are needed in the path of devotion. They are not needed in the path of Knowledge. Such is the glory of the path of Knowledge.

- 🌸 Jesus said: “The Kingdom of Heaven is within your Heart. The Sattvic people can attain it.” You get the sattva for a while but later it gets mingled with the rajas and tamas. Then you cannot separate them. The Sattva cannot be attained forcibly. Ensure that whenever it comes, it prevails for a longer duration. Attaining Sattva is not the goal but it facilitates in Self Realization. Without Sattva, Self Realization can be attained neither in this birth nor in the forthcoming births.
- 🌸 Not everyone will get the faculty to know themselves. Only the wise, the good hearted ones, those who have performed good deeds and those who have attained a higher level of Consciousness get the faculty to know themselves.
- 🌸 Everything arises only after the emergence of the ‘i’ thought. You are not trying to know about this first thought called ‘i’ thought. This is only delusion. The goal is not merely to show you a visible God. The goal is to take all the Jivas to God’s level of Supreme Consciousness and enable them experience the Bliss and Peace as experienced by God. Bhagavan Ramana is the Mahaguru and Maharishi who has come to awaken you to that state. When He preached Sage Narada in the form of Sanathkumara, He preached a little about the ‘i’. Again in this incarnation of Ramana Maharishi, He preached about the ‘i’ in detail. Jnanis don’t come to argue with us but they descend upon earth only to preach us and thereby bestow liberation.