



Ramana Bhaskara



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 The Lord said in the Gita: 'Perform the work and forget it. Don't wait for the result. By doing so, you will become peaceful'. Don't ever expect that you should be caressed by your children. Perform your duty and leave it. It is good if you are cared by your children. If they don't take care and you feel bad for that, your mind becomes rotten, you will get distanced from God and also get disturbed. Each one has their own nature. Leave them and don't keep thinking why they don't change. By doing so, you will finally get rotten. Be independent in every matter. It is alright if you are taken care by your daughter in law else don't feel bad for that because this is the 'dark age'.

 Bhagavan said: 'Give up your thoughts. Then you need not give up anything externally'. Normally a person is 100% selfish in nature. You must get surprised if you see anyone being unselfish but you need not get surprised looking at a selfish person. It is natural. Your son is not accustomed to look after you and hence doesn't take care of you. Why should you feel bad about it? As you took birth in that family, you must perform your duty. That is all. God doesn't forgive if the duty is not done. Who is husband? Who is wife? All these are illusions. They are in no way related to us. All of us belong to God. God exists as indweller within the Heart. If you get involved in unnecessary affairs, you cannot reach God.

 A person takes birth all alone, leads his life as per his destiny and also departs all alone. The physical body doesn't think that it is experiencing the destiny. It is the mind which thinks so. Bhagavan said: 'In spite of being told innumerable times that you are not the mind which is the cause of your trouble, why don't you listen?' This is only Maya. The

mind ceases to exist in the deep sleep. Without mind, there is no differentiation of man-woman, happiness-sorrow etc., Everything comes with the mind. God, body, sorrow, disturbance etc - everything comes only when the mind arises. All these are as false as the mind. If the mind is lost, everything will be lost. If you closely follow the subject, your sorrow will be lost even without doing any japa.

- ❖ The poor think that happiness lies in the riches. The uneducated think that happiness lies in education. All these are not true. It is the mind which says so. The scriptures state: 'You may possess any amount of scholarship or any amount of riches but without self control, you are equivalent to an animal'.
- ❖ Currently you are in this world. Once upon a time, even Lord Rama dwelled in this world. But why did Rama become God? It is because Rama dwelled in world and not the world in Rama. Contrarily the world dwells in us and hence we became Jivas.
- ❖ Don't sit and cry that the star, date and week of your birth is not good. Your mistakes don't prevail in the sun or moon or stars. All the mistakes are within you. Observe your weaknesses carefully. Drag them out and burn them to ashes. This is what has to be done. Don't keep cursing your stars and dates. By doing so, your entire life gets wasted.
- ❖ Until the karma comes into experience, it is unknown to you. However God knows it beforehand. God hides the destiny of the entire mankind in His stomach and releases it to them on the arrival of appropriate time.

- ❖ Bliss, Peace and the state where there is no rebirth are within your nature. Any kind of honour or happiness that you desire from the world gets converted into manifold sorrow and disturbance.
- ❖ Don't give up your journey towards God before reaching Him. If the journey stops on the pretext that you are not being caressed by someone or the other, the number of births will increase and you will have to bear many more corpses.
- ❖ The intoxication generated by ignorance is much greater when compared to the intoxication produced by drinking wine. A drunkard experiences the intoxication for 2-3 hrs only but the intoxication generated by ignorance brings in innumerable births. Due to ignorance a person loses the faculty to differentiate between the right-wrong and true-false. When there is ignorance, there is no detachment. Currently all of us are intoxicated by ignorance. This intoxication will lead towards innumerable births.
- ❖ All of you are listening here. But once you go onto the road and hear something from someone, all these words will seem to be lies. It is because you lack your own thinking.
- ❖ Internally you lack the strength of spiritual practices, the strength of good thinking and the strength of merit. Man should have atleast some merit to his credit.

- ❁ In spite of being cursed or troubled by others, don't hate anyone. On hating others, the mind gets extroverted. Then you are no more reminded of Lord Rama. You are reminded of them whom you hate.
- ❁ Valmiki said: 'Adore Rama, Worship Rama, contemplate upon Rama and attain liberation'. By chanting the name of Rama, Gandhiji became Mahatma.
- ❁ By constantly contemplating upon God, all your useless habits will disappear. When the tendencies are very strong, you feel that they cannot be transcended. But everything is possible for God's Grace. All the habits will vanish away by His Grace.
- ❁ Don't contemplate upon the past. Leave it aside. The past is past. You will live for another 20-30 years. Make the best use of every minute in hand. Don't waste your time.
- ❁ If someone approaches you for some help, do the needful and send them back. Don't sit down and start gossiping with them. They will pollute your mind even without your knowledge. As the walls of the house get darkened when there is more smoke, some friendships pollute you completely. Therefore be careful regarding your friendships. Make the best utilization of the time in hand.
- ❁ Man becomes sorrowful due to his doer-ship. You are not the doer. God alone is the doer. Sorrow arises due to your doer-ship. Until it is realized that you are not the doer, you will be chased by sorrow.

🌸 On the advice of Kanchi Paramacharya, Brunton came to Bhagavan Ramana. Brunton sat in the presence of Bhagavan but Bhagavan did not talk to him. Sometimes Bhagavan looked into the void and sometimes looked towards Brunton. Brunton felt: 'It is alright even if Bhagavan looks at me but He is reading my mind too and getting acquainted with my weaknesses. Even that is alright. But I am getting versed of his acquaintance with my weaknesses. Hence I am getting disturbed and being subject to sorrow'. The Guru doesn't speak out your weaknesses. He observes the weaknesses in your mind, the root causes of rebirth and works in Silence to drive them out. Guru works in his own mode. However Brunton felt that Maharishi is not talking to him. Whoever visits a Jnani will not go back empty handed. The mere sight of a Jnani is enough. A Jnani's work is not visible to the eyes. You do not know the changes that may ensue internally.

🌸 There are different types of destiny. Some people don't get anything to eat. They suffer from hunger. Some people have all the things to eat but cannot digest whatever they eat. All these are relative truths. They are as false as the mind. They do not matter when the mind is transcended.

🌸 There is nothing in deep sleep. You exist in deep sleep but you are not aware of your existence. As per Bhagavan, perform spiritual practices in the waking state and secure the deep sleep state. Whosever absence makes you blissful in deep sleep, it has to be lost in the waking state through conscious effort. Then you will experience the blissful state of deep sleep in the waking state. It then becomes your final birth.

- 🌸 Bhagavan said: 'Raise to the level of mindlessness'. As per the scriptures: The body consciousness is as poisonous as a snake. You have as much poison as a snake. Unless all that poison is vomited out, Jnana cannot be secured.
- 🌸 Don't get identified either with happiness or with sorrow. Maintain equanimity. Learn tolerance. Valmiki said: 'If you get excited about anything, you are bound to make mistakes'. Be brave and bold. Even the boldness should be positive and not negative. If it is negative, such boldness will bring harm to others and not benefit.
- 🌸 Don't worry whether others are good or bad. If they are bad, don't mingle with them rather maintain a certain distance from them. There is nothing wrong in it. But don't possess any hatred towards them. Internally have friendship for them. Possessing Love and Compassion for all beings also makes you subject to God's Grace.
- 🌸 If Krishna has not kept His word, it is not due to any selfish motive. He has done it only for the sake of others. This has to be remembered. When you gauge someone look at their heart (intentions). You need not care their words.
- 🌸 On chanting the name of Rama, on meditating upon His form, the inner impurities are lost even without your knowledge.
- 🌸 Leave aside every form in the world. Irrespective of whichever form you may think of and whichever name you may chant, the ego sense will

increase without your knowledge. The remembrance of anyone pertaining to body will enhance the body consciousness.

🌸 A person with extroversion can neither become a scientist nor a rishi nor a Mahatma. It requires introversion of mind. A person with introversion of mind can secure anything.

🌸 When the inner bliss cannot be tasted, you seek the happiness externally. A person desiring honour commits mistake even regarding the worldly decisions and loses the internal Bliss too. A person craving for fame is very far from the ground realities.

🌸 Whatever is destined to come will come. Don't have any reaction. Don't get upset in thinking why it happened thus? Don't lose your health. It was bound to happen. Hence it happened. That is all.

🌸 Suppose you honour some one but they don't reciprocate back with the same amount of reverence, don't get upset for not being honoured. It will distance you from God. Remember this. You must be careful about such small things too ie every second you must be careful. The Lord said: 'If you get hurt for every small thing, you will get ruined and get disassociated and distanced from Me'.

🌸 The pain generated by ignorance is more when compared to the pain generated by external incidents.

🌸 Even if the entire scriptures of the world are learnt or scholarship within them is secured, they cannot equal the sight of a Jnani. They

cannot equal the Compassion of a Jnani. Jnani has become the Self. If you become subject to the compassion of a Jnani, you need not bother yourself either with the scriptures or with the spiritual practices. Such is the glory of Jnana.

- 🌸 Give up the dirty thoughts. If you first get rid of the internal pollution there is nothing left to be given externally. Bhagavan said: 'While possessing the internal pollution, even if you boast of having donated a banana or a mango to others, it is of no use'.
- 🌸 Compared to the body, mind, senses, relatives and friends, God is the most nearest one. Unable to recognize this, you think that God doesn't exist. Though God exists, He doesn't reveal Himself due to your ignorance and arrogance. This intoxication pertaining to ignorance is being carried forward since several births. One has to transcend the ignorance by the Grace of a great Jnani and not merely by his intellect.