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- 🌸 Though the birthplace of the mind is not in your experience, the mind is within your experience. Isn't it so? The birth place of mind is within you. Unless the mind reaches its birthplace, it doesn't get destroyed. Hence the mind has to be sent into its birth place. This is not possible for people lacking depth. The depths of the heart have to increase. If anything is lost in a river, it cannot be found unless you develop the power to get into the water. Currently the mind is within the head. Try to drench it in the Heart. Ensure that the mind develops the power to be retained in the Heart. The depths of the mind have to increase. Selfless work also increases the depths of mind.
- 🌸 A devotee asked Bhagavan: 'Like any one of us even a Jnani recognizes people. Doesn't it imply that Jnani also has a mind?' Bhagavan replied: 'Even Jnani has a mind but it resembles the moon in daylight'. Moon may exist even in daytime but is not so effectual. Similarly even a Jnani may have a mind but He remains un-impacted by it ie He is not bound by it.
- 🌸 We are not love deficient people. We have love for God but there is a reason and desire behind that love. Hence our love is defective. We should have love for God but the reason behind such love should not be found. God is expecting such love from us. Such love enables the mind to traverse towards the Heart. We must constantly love God and meditate upon Him.
- 🌸 God exists in everyone's heart. There is no form or name in which God doesn't exist. Even Jnani sees everything like us but remains un-attracted by anything. Jnani abides as the Self. While looking at several

names and forms, He sees only the Self which is the very basis of them ie a Jnani looks at Himself. Hence He is no more attracted.

🌸 Bhagavan said: 'People lament on the death of their family members. Don't cry for the sake of the deceased ones. The one who cries for their sake ie the crier is internal and not external. Cry as the crier has not yet died. If he dies, that which is remnant is liberation.


🌸 When anyone described to Bhagavan about His Mother's sorrow, Bhagavan said: 'Let her cry. It is good that the entire sorrow comes out. If the death approaches before that, she has to get one more birth to cry for the sake of left out sorrow. If the entire sorrow comes out, then the remnant one is liberation only. On securing liberation, you not only become sorrow less but also get flown away in the torrents of Bliss and Peace. Such a state is indescribable'.


🌸 A devotee asked Bhagavan: 'We are being told to introvert the mind and drench it within the heart but we are not able to do so'. Bhagavan then replied: 'Try to have the company of Holy people and Holy Sages in your area. The mind gets trained to stay within the Heart through the company of Holy people'.


🌸 Staying in the bad company and remaining un-impacted by them is as difficult as staying in the kitchen for all the 24 hours and being untouched by smoke. Therefore be very careful regarding the friendships.

🌸 Don't give up the work in hand. Get trained through work only. While working, the hidden weaknesses are revealed. When the weaknesses are known, you make an attempt to overcome them. As per the body's dharma, whatever has to be done should be done. Don't work because

it is being done by others. Imitation is forbidden. Perform the work in hand whole-heartedly. As the flowers and fruits are offered to God, ensure that the fruits of your actions are also offered to God. It will annihilate your ego sense.

 Reading good books alone does not secure liberation. They will help us only to a certain extent. They blossom the thinking faculty. Have the company of advanced souls and then make effort. Guru's Grace is needed to secure liberation. Bhagavan said: 'Don't give place to any other thought except the thought pertaining to Self'. Except the Self, everything else is gross. Don't desire any other thing. By doing so, they will hinder your journey towards Self Realization and drag you towards the nature. Without transcending the nature related attributes, Self Realization cannot be secured. Don't desire anything that is Non Self. If you desire so, the nature related attributes cannot be overcome.

 Some people think about the body and mind alone right from birth till death. They are least bothered about the Self. If you have to progress spiritually, don't get bothered about anything else other than the Self. Give up the attachment towards body and mind.

 One may go to heaven or hell after the death. Heaven and hell do not come as per your education or intellect. They come according to your deeds. Intellect is needed to reach the Supreme state. Along with the intellect, politeness and humility is also required. Politeness and humility will lead towards your reformation. Intellect devoid of politeness and humility will not lead towards reformation but there is a danger of getting ruined by such intellect.

- Ensure that the body and mind are clean and pure. Look after them carefully and utilize them for the sake of spiritual practices. The physical body is an external instrument whereas the mind is an internal instrument. Make the best utilization of these two instruments and secure liberation. Cleansing the body alone is not enough. Even the mind has to be cleansed. Praying God cleanses the mind. Lust and anger increase the impurities of the mind. The Lord said in the Gita: 'Reduce the lust and anger in order to secure inner purity'. The force of lust and anger gets reduced only through the effort of several births. The effort done will never go in vain. The mind gets purified to the extent the force of lust and anger is reduced.
- When a seed is sown, initially leaves and branches come out. The fruit comes out later. A tree is planted not for the sake of leaves and branches but for the sake of fruits. Do you think that since the leaves and branches have come out, there is no more necessity of having fruits? No. All the yagnas, yagas performed are equivalent to leaves and branches. Self Knowledge is equivalent to a fruit. The purpose of all the spiritual efforts is to secure Self Knowledge. Don't limit yourselves to performing yagnas and yagas but also earn Self Knowledge through them. This is only the supreme purpose.
- One who has secured Self realization when the physical body is alive will experience the Supreme Bliss and Peace in this very physical body and will continue to enjoy the same Bliss and happiness even after death. He is blissful and peaceful in all the places and in all the periods of time. Where ever He sees, it is all peaceful. He remains untouched by sorrow and disturbance.

🌸 Ensure that the mind is not partial towards anyone. Some people in the world may be beneficent whereas some people in the world may cause harm. The Lord said: 'You get attached towards them who are beneficent. When you are partial towards them, your mind totally forgets Me and thinks only about them. Irrespective of whether you are benefitted or harmed by anyone, maintain the equanimity of mind. Then the disease of being partial is lost'.