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🌸 Bhagavad Gita is the essence of all the Vedas. If you have the Gita in your pocket, it is equivalent to possessing all the four Vedas. Bhagavad Gita is a complete book. In order to enable us secure the Supreme Consciousness, there are several expositions in the Gita from various angles. Once Bhagavan was asked: 'Should we read the Gita occasionally?' Bhagavan replied: 'Not occasionally but try to read the Gita forever.' The Hindus very often read the verses in the Gita. The prescribed acts (what to do) and the forbidden acts (what not to do) are mentioned in detail in the Gita. The Gita also prescribes in detail- how to talk, how to work in order to attain sense control and self control etc.,

🌸 You must carry out the task in hand. It may or may not be successful. Don't get elated if it is successful and don't get depressed if it fails. The reason behind the failure is not merely your laziness and foolishness. Though you may work hard dedicatedly, sometimes the result may not be favourable. Even if the task is accomplished, it is not due to your intellect. It happened according to God's will. If you get the thoughts like- 'I am intelligent or I am foolish; I have achieved this or that; I couldn't achieve this or that' etc., it implies that you want to do something against God's will. The Lord called it as a kind of sinful thought. God's will is most powerful. If not accepted, it makes you sorrowful. Whether the task is accomplished or not, if considered as God's will, none of you will become sorrowful. Whatever may be God's will, perform your duty. If not, you will become lazy. You are not apart from God but you think so. This sinful thought is the root cause of your sorrow.

- ❁ Money is one of the illusions of the world. One who is involved in money earning is never contented. People craving for money pray Goddess Lakshmi. People craving for education pray Goddess Saraswathi. The Gaudiya matham preachers state: 'Both education and money are related to nature. They cannot lead you towards liberation.'
- ❁ The Harey Krishna matham's preachers state: "Why do we love Radha-Krishna? It is because the senses and mind of Radha are always concentrated on Krishna. By contemplating upon Radha, we stop craving for money and education. Radha is an ideal to us regarding how to attain God and how to merge in Him. By loving Radha, the Supreme Lord is attained. Therefore we love Radha."
- ❁ Radha's Love for Krishna doesn't involve trade. Radha's Love for Krishna is super human and non physical. Radha's Love is for the Supreme Lord. When God is loved so intensely, the sense control and self control are naturally attained. Then the contemplation of the sensory objects stops automatically. Such is the glory of Radha's Love.
- ❁ Radha's Love contains quality. It is related to neither body nor senses nor mind. That love merges us into the Lord. Radha merged into Lord Krishna by contemplating upon Him. Similarly we can also merge into God. In order to exemplify this, Radha has incarnated as Chaitanya Mahaprabhu and merged into Lord Jagannath in Puri. Sri Krishna Chaitanya had a great sense control. When sugar was put on his tongue not even a particle of it got drenched. Such was his sense control.

- ❁ Reverence for Truth also brings in sense control and self control automatically.
- ❁ What is the purpose of these Satsangs? It is needed to get rid of the darkness called ignorance inside us. If you want to lighten a dark room, you have to switch on the light. If you don't want to lighten, the light need not be switched on. Similarly if you want to retain the ignorance, there is no need of any Satsang. The purpose of Satsang is to enlighten our Hearts by destroying the ignorance and not for the fulfillment of any other material purpose.
- ❁ Sri Krishna Chaitanya arrived in Brindavan, smelled its dust and identified the places where Lord Krishna lifted the Govardhana hill, conducted the Rasa Leela, crushed the ego of Kaliya serpent etc., Till then none was aware of these places in Brindavan. It was Sri Krishna Chaitanya only, who identified them. Brindavan prospered only after the arrival of Sri Krishna Chaitanya. Chaitanya always visited Brindavan but never made it his abode. Rather he stayed in Puri Jagannath. He followed the principle of chanting God's name. He often chanted the name of Lord Krishna.
- ❁ Once Narada asked Lord Brahma: "In this Kaliyuga (dark age), there are many flaws in the thinking faculty. People don't remain stable. Both the rich as well as the poor keep crying ie crave for things. Please give us a mantra, by chanting which one can get liberated." Lord Brahma then gave the mantra of 'Harey Rama, Harey Rama, Rama Rama Harey Harey, Harey Krishna, Harey Krishna, Krishna Krishna Harey Harey' and assured that one can get liberated in this Kaliyuga by chanting this

mantra. Chaitanya never discriminated on the basis of caste. He was a Brahmin, a great scholar and also a great grammarian. He popularized the mantra 'Harey Rama, Harey Rama, Rama Rama Harey Harey, Harey Krishna, Harey Krishna, Krishna Krishna Harey Harey' amongst the masses. Then the Brahmins revolted against Chaitanya and said: 'Only the Brahmins have to chant the 'Harey Rama- Harey Krishna' mantra. This has been the tradition. The lower caste people should not chant it. You are propagating this mantra amongst the masses, which is strictly forbidden.' Chaitanya then replied them: "Even the lower caste people as well as women need to get liberated. I am violating the tradition. Don't fight with me. There is a solution for this. Lord Brahma's mantra starts with 'Harey Rama, Harey Rama'. I will reverse the chanting ie suggest a mantra that starts with Harey Krishna, Harey Krishna". The traditionalists felt that this mantra won't fructify and hence never bothered Chaitanya again. Some people misunderstand Chaitanya Mahaprabhu in this regard. Chaitanya changed the mantra when he was rebelled by other castes. Later devotees like Tukaram, Namdev, Eknath etc chanted the name of Lord and got liberated in the path of devotion.

 Don't worry that you are unable to understand the Bhagavad Gita. You may read the Gita without securing sense control and self control. Even if you read it, you will not understand it. You will understand certain things only when the senses and mind are transcended. Unless you get released from the senses and mind, the Truth cannot be understood. If the scriptures speak about something known to your mind and senses, then what is the purpose of having the scriptures? If the scriptures speak about something which is an object of delusion, how can one call

it as scripture? Whether you like it or not, God has spoken in the Gita, the words that enable you to transcend the body, mind, senses and world. Such is the glory of the Gita.

- ❁ By chanting the Lord's name, unnecessary thoughts get subsided.
- ❁ On looking at Ramana Maharishi's body, you may feel Bhagavan to be Guru and yourselves to be His devotee. This initially creates a gross relationship. On meditating upon His form and chanting His name, this gross relationship gets converted into a subtle relationship. Then it doesn't matter whether the Guru's form is visible or not. Is Bhagavan's form visible now? No. It is invisible. Does it imply that we lack devotion for Him? No. We do have devotion for Him. When the body dies, the relationship with everyone else as well as the existing surroundings comes to an end except the subtle relationship with the Guru. Remember this. The subtle relationship with the Guru never breaks ie when the differentiating faculty of 'I am separate from the Guru' is lost, when the oneness with the Truth is attained, the subtle relationship with the Guru will be lost. Till then the subtle relationship with the Guru continues to prevail.
- ❁ Are you sorrowful in deep sleep? No. There is no sorrow in deep sleep. Sorrow arises only after the emergence of thought. Hence sorrow exists in the form of thought. As you chant the Lord's name devotedly, it drives away the bad thoughts. Then the Lord's name facilitates you in reaching the True state.

- 🌸 You must first trust the scriptures. Else the spiritual practices cannot be performed. When you get the thoughts that cause happiness, you invite them whole-heartedly. Similarly when you get the thoughts that make you sorrowful, you reject them forcibly. As you are not aware that the thoughts causing happiness will generate sorrow in return, you invite them whole-heartedly. EVERY THOUGHT IS SORROWFUL. Whatever pleasure is derived from the nature gets converted into pain on one day or the other.

- 🌸 Why are the Japa and dhyana (meditation) prescribed? It is because you identify yourselves with a particular name and form. Based on your name and form mindedness, you presume to be separate from the Supreme Consciousness. There is a Truth within your Heart. Japa and dhyana have been prescribed so that you will get the path towards the Truth and settle down in it.

- 🌸 A devotee asked Bhagavan: “Should we do Japa and dhyana on a daily basis? Is there no end to this?” Bhagavan replied: ‘Japa has to be done to such an extent that chanting (of Lord’s name) becomes as natural as inhalation and exhalation. Chanting the Lord’s name has to become natural. If you are awakened at 1 O’clock in the night, the chanting of Lord Narayana’s name should still continue. The Truth within the Heart is very natural and normal. If you are able to chant the Lord’s name and meditate upon His form so naturally and normally, the Inner Self gets revealed. Once the Self is revealed, the chanter of Lord’s name is no more visible. You will then attain Self Realization.

- In the day to day life utilize the mind and senses to reduce the body consciousness. If they are utilized to the maximum extent to reduce the body consciousness, Self Realization is secured when the body is alive.

- Suppose you have helped someone but they don't have any gratitude in return, you won't incur any loss. It is because you will become the recipient of God's Grace. Many people state: 'We helped them a lot but they have forgotten us.' Those Jivas don't give you liberation. Isn't it? Your selfless work makes you recipient of God's Grace. You then become purified. Desiring recognition is everyone's weakness. Being recognized by others is food for the mind which increases the body consciousness. If a particular task is done only because God has prescribed it, without desiring any recognition ie if all the senses and mind work as prescribed by God, you need not make a special effort then. The body consciousness gets reduced gradually in the day to day life and Divine Consciousness is attained. Then there is no question of birth and death. There is neither coming nor going. The scriptures are making an effort to bestow you with such advaitic experience and lead you towards that which exists forever. As it is conflicting with your experience, the mind doesn't allow you to accept the scriptures. It is because your purity and concentration are not sufficient for this purpose. Atleast by doing some selfless work, your mind gradually gets prepared for God Realization.

- Don't presume that Self Realization is very tough to attain. The form and name mindedness make you feel that you are separate from the Supreme Consciousness. Your suffering starts from here. As a coconut falls down from a coconut tree, if you get separated from the form and

name mindedness then where is the need to perform Japa or penance? Are you not aware of being separate from God? This separateness should be lost. It will be lost if your yearning to attain the Lord is as intense as Sri Krishna Chaitanya's yearning to attain Lord Krishna. The incarnation of Sri Krishna Chaitanya has descended to exemplify this.

Whatever may be the affair or situation, if you are being subject to sorrow or disturbance, it symbolizes your ignorance. It implies that you are unable to accept God's will but rejecting the same. From here starts the sorrow. Why does a patient go to a doctor? The patient is no way concerned regarding the doctors qualifications. He is not bothered where the doctor has studied. The patient is concerned whether his disease gets cured or not. Similarly these sermons will have their purpose fulfilled only if they can take you to the sorrow less state. It then becomes irrelevant whether I wear white colored or saffron colored clothes. The Lord said in the Gita: 'In spite of being a householder, one who has no expectation of the fruit of their action is equivalent to a Sanyasin.' If I am able to take you to the sorrow less state, whatever clothes I may wear (ie saffron or white), really doesn't matter. You may have several reasons for being sorrowful. Whatever may be the cause, it symbolizes your ignorance.

A true Guru should think deep and express the same in an easy and understandable manner.

Bhagavan said: "Suppose you are experiencing happiness, who is the enjoyer of that happiness? If you are experiencing sorrow, who is the enjoyer of that sorrow? Question this 'i' and cut it down then and

there. Then the mind gets introverted. The introverted mind gets merged within the Heart ie if the false 'i' is able to view the Truth inside the Heart, it disappears. Suppose a person whom you dislike falls down from a scooter and meets with an accident, you may feel happy about it. If both their legs get broken, you may feel much happier. It is because you dislike him. Your hatred has been fulfilled. On listening to this, your mind gets introverted, absorbs some peace and gets back into the head. Even then the peace originates from the Heart. It stays there for a day or two and the disturbance again reverts back. Therefore every person has to be in quest for Truth. Truth is not revealed to all the devotees. Whoever loves the Truth, whoever has turned out to be seeker of Truth, Truth is revealed to them alone. Person with a peaceful mind alone becomes the seeker of Truth. A person is termed to be lucky if they have a favourable spouse, favourable circumstances and a favourable job. But people with peaceful mind are much luckier compared to them. The Upanishads state: "Truth is revealed only to them who is selected by the Self but not to others." What is the purpose of living for a 100 years if you are unable to perform any spiritual practices or don't have the yearning to attain the Truth? The food that you eat today will be consumed tomorrow too. Then of what use is it? When there is no introversion of mind, when there is no quest for Truth, it is of no use even if you live for a 100 years.