

## **THE DISCOURSES OF SADGURU SRI NANNAGARU**

GUMMULURU    06-04-2011

My dear soul-mates,

Work should be done for work itself. Work for result or enjoyment work with calculations is not proper. Elephant dead or alive is valuable. If you live for yourself, you will remain as yourself till death. If you live for others you will live forever. If you want to get united with Me (god), you need purity of mind, selfless action, no expectation for results. Divine qualities are no agitation, no emotion, no tension, no repeating the past. By repeating the past you get sorrow, grief and fever, disease also. As long as I remains, karma action happens. One's own true self is one's own notion. When I, other thoughts arise, go deep into the source of the first I, then it gets melted, it gets united into that truth. Experience of the truth, the self, that is the goal of life. Withdrawal from I, withdrawal from body-boundedness. This is true sadhana (spiritual practice). Any other sadhana is incomplete. Do not remember the past. The present will slip away from you.

Perform your allotted duty selflessly, without desire, with no name, fame, recognition and not with irritation. Your work should be silent and pure, without publicity, even your neighbor should not know it otherwise it will not stand. Those who do not have self control, no proper intellect, no goal, no control over mind and sense organs cannot attain anything. 80% people are carried away by others words. Everything belongs to God. Dedicate everything to God, at home or in the

temple. Ramana Maharshi's teachings and message are meant to awaken you into the truth. You must know the truth and the truth will release you from all bondages whether you like it or not. Your loss is great, your loss is great, if you do not know the truth in this body and there is no freedom from nonsense, life after life and life after life. You are living happily and you don't know to share, only you know receiving and swallowing but no giving and no sharing, and above all you have not learnt to work. Desire is the cause of all sorrows. However many troubles may befall on you keep calm and cool and quiet. Lies also are the outcome of desire. Sometimes all troubles befall at one time. Sorrow, grief, unhappiness-the mother is attachment of all these. It is attachment that brings grief, misery, sorrow, tension, death also. Nobody belongs to you and you do not belong to anybody. All are passengers in the journey of life. Dedicate all your work to Me(God) and the result also dedicate it to Me and then use it as my property(thing) and not as yours. Then you will become I free and mine free and I less and mine less.

Aim high and aim at the highest. Try, attempt for the Brahmic state (the supreme state, absolute state.) The faults and defects in the mind should be eliminated and be careful mistakes should not be repeated. Past is past. Don't repeat it. Stability is not long lasting, for you will commit some or the other mistake because you have defects in your mind. Eliminate the faults. The mind should be disciplined. The mind should be under your control and not that you should be under the mind's control. Even if the whole world is your enemy or friend, even if they come to you or not what difference does it make. When your mind is pure and under control then the

reality, truth is realized. When no mind, no need to control it. Wish for the welfare of all. Your mind should be rich not poor. Your spiritual progress will grow and you will be happy. Do eliminate doubts, suspicion, but for this also god's grace is required, then you will reach the brahmic state. Emotions bring desire, anger and greed. Be unemotional. Desire and anger are thoughts. Whoever eliminates these reaches that state. A spark neglected burns the house. Usually envy and jealousy spring from the family and relatives. Arjuna was envy and jealousy less, it is a divine quality for which Sri Krishna preached Bhagawad Gita to him. Practice one divine quality, all will follow you. In this body if you attain that brahmic state (supreme state), it will follow you even after the body gets burnt. Remember it. In body and body less, form and formless, also it will continue with you. Try to attain that Brahmic state. Gita is Truth. Keep it on your table. After taking bath do salutations to it. Gita, Ganga, Gavathri, Govinda, Chant these names before retiring to bed.

LOVE TO YOU      PEACE TO YOU

THANKS TO ALL

**Courtesy: Neelam**