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THE DISCOURSES OF SADGURU SRI NANNAGARU
HYDERABAD

My Dear Soul-mates,

Sri Krishna is Brahman(consciousness) Himself. The Bhagawadh Gita is the song divine sung by Sri Krishna, presented in the form of Slokas (verses) dictated by the great Maharshi Vyasa and written by Lord Ganesha in the great epic Mahabharatam. The Universal question is How to control the mind? When the mind is under control nobody can spoil or purify you. Mahatma Gandhi considered Bhagawadh Gita as his mother and studied atleast one chapter from it daily and even explained it and always carried it with him. Bhagawadh Gita is the source of all knowledge. Gita contains the whole world in it whereas the whole world exists in Gita. When you have Gita in your hands or in your pocket it means that you have got the essence of Brahma Sutras, All the four Upanishads (said by the great Rishis-sages) with you. Such is the power of Gita -the song divine.

According to the destiny we face richness or poverty, fame or defamity, domestic or worldly problems, heat wave or cold wave, honor or dishonor, profit or loss, by which Life is not uniform and even under any circumstances whoever sees, perceives God in all these, he only will get that divine vision. The wandering of the mind should stop, should end. Do not provocative the mind, keep it at peace. The mind should be our friend. The one with a peaceful mind is more fortunate than the one who possesses a good spouse, wealth, power, success etc. Watch your thoughts in the waking state What you Think you Become. Even a single pin will not come with you only the mind follows, cleanse it, it is more important Try and attempt otherwise you are wasting this body. There is a destiny that shapes our Life. Whatever you heard of Brahman by the mind and the sense-organs, experience it. In spite of any and all problems in life, the experience of Atma(self) and Paramatma (God) should remain with you constantly, forever. As without a firm foundation a building cannot be constructed, so also without the control of mind, sense-organs, diet God cannot be reached. Kill the leisure time intelligently. Utilize it for Remembering God. With the hands also you should do only that which is good and is meant for the love of God. DOs AND DONTs SHOULD BE FOLLOWED. Do perform your duty and Be away from prohibited actions (Don'ts). Discrimination, sufficient

dispassion and detached attachment are essential. Bondage brings attachment. It is attachment that brings us sin, fear, death. Be Self-dependent

Goodness must be joined with discrimination, wisdom and knowledge. Be very careful with books, diet, friends and leisure. Intellect (discriminating intellect) has the power to control the mind, but it should have courage. It is like a captain of the ship and the driver of the vehicle. From something emerges that everything. Existence has no bondage. It is to be experienced. There is no difference between birth and death. The great saint Sri Ramakrishna Paramahansa sees mud stone and gold alike. He practiced his mind abstaining from the touch of money such that his hand was paralyzed by the mere touch of it and this could be the lone example in the world spiritual History.

There is no quality in education, in behavior and even in happiness. There is no quality education even in schools. Quality happiness arises from a pure and faultless mind, peaceful and steady mind without mind and sense-organs, then one attains that undiluted, unbroken, endless, final, ultimate, Independent Happiness and Bliss, and becomes one with God. We are close to the world and distant to ourself and God. There is no happiness in the world. Any external happiness is temporary, it turns into unhappiness. Don't draw pleasure from it Otherwise only sorrow remains. Till you realize the truth, the identification with the mind, body and the world remains. You must know the Truth and you should know the Truth. The one whose mind is pure is great. Reduce Rajoguna and Tamoguna (the quality of inertia), and tendencies, faults and defects, slowly and gradually Slow and steady wins the race. Then slowly you get purity and you are purified. Till then there is no freedom from sorrow, rebirth, tension, bondage and nonsense. Thought word and deed should unite. I am a slow walker but I don't miss the goal - Abraham Lincoln.

Cultivate Satvaguna (quality of goodness), it leads towards liberation, salvation. Be cool, quiet and calm, no-mind state and no-body state. The flow, the pulse of nectar flows from the spiritual Heart to the brain and opens only to the one with the faultless mind and not by external wealth, power etc and by faith and unshaken faith and above all by Divine interference and the interference, love and grace of the Guru (saint). There is Iswara. Iswara's devotion should be done by all human beings. You should slowly increase the state of

consciousness. Separateness brings fear. There is no fear in oneness. Fear is in duality, likes-dislikes, love-hatred, it brings sorrow, attachment, bondage, anger etc, your mind will wander into external matters. Gautam Budha said, reduce the dualities slowly and withdraw from them. Not comfort but control is Happiness and Peace. Love and don't get arrested into it Love brings attachment. Love All, see God in All beings. Matter and beings are all one. No proper Nouns, All beings are one. Look at the Sky, the mind gets widened. Look at the sea, the mind gets widened. The Ocean, the waves, the bubbles, the drops are all one - WATER. All religions are the paths to reach the goal. A true devotee suffers more in others sufferings. Only A Saint can love. Only A Saint's word is uniform and is universal. He sees self in all the selves. All comings and goings are fiction, Worldly thoughts are poison, they lead you to hell. Thoughts of the self lead you to God. God and God's words are one and the same.

God is both personal and impersonal. You should have pure devotion and living faith in Him. God is formless, nameless, action-less and He Silently performs His actions. With limited intellect, thinking, you cannot directly reach God. So manifested God is required. Impersonal God becomes personal to remove all your feelings fears, troubles, sorrows etc. Your mind should be fixed on Me (God). Do your duty, we are meant only to work. Everything happens in its own time. Duty is God. Time is God. If you waste time, you waste God. Always positive thinking and Never Negative thinking. No feeling and No Hurt Watch your behavior even your dreams too. The whole stretch of life you should chant the name of God. When God remembers you, only then you remember God and that is His grace. Always Remember Me, Remember Me, More and More Remember Me (God).

LOVE TO YOU PEACE TO YOU

THANKS TO ALL

Courtesy: Neelam