



# Ramana Bhaskara



Speech delivered in Jinnuru,  
dated 25-5-09.

- ❖ Adi Shankara said: 'Brahman is Truth and the world is false'. Truth exists as one and not as many. It exists within the Heart. Truth is being called as 'Narayana', 'Narayana'. Narayana doesn't refer to a person. One who forms the basis of all the Jivas is referred to as Narayana. The Truth within the Heart is omnipresent. Whether you call it as Truth or Brahman or God- all the three are one and the same. As the Truth within the Heart is not accessible to the thought, word and mind, it is presumed as non-existent. The reason behind such presumption is due to lack of the following: Holy Company, scriptural knowledge, service to God, service to Guru and society related perspective.
- ❖ You do not have the past merit. Hence you are not concerned about the Truth. Rather you are always concerned about the world. Referring to this, Jesus said in the Bible: 'Oh! Mad one, even if you toil hard and earn the entire world visible to your eyes but die without earning Self Realization, what do you gain by it? Ultimately you are left with a big zero'. Jesus has experienced the Truth and uttered these words.
- ❖ Lust, anger, fear and hatred- as long as you have these weaknesses, the Truth experience and God Realization cannot be secured even if you are cut with a saw. As long as there is lust and anger, the world seems to be true. Lust and anger ensure that the false is visible as true.
- ❖ Death doesn't imply that the physical body has to die. The bodiless state must be secured when the body is very much alive. The mindless state has to be secured when the mind continues to exist. If this is earned in life through hard work, you need not make effort to know the Truth inside; rather the Truth will reveal itself.

- As long as you have identification with the body and mind, Self Realization cannot be secured inspite of reading the scriptures. When the Non Self is identified as Non Self, the ever existing Self reveals itself.
- Reducing the lust and anger, reducing the body consciousness is not as easy as getting identified with the mind. Kabir said: 'If you want to get rid of body consciousness, hire a house near to the ones who always rebuke you. Then their rebukes can be heard. If you stay far away, can you listen to their rebukes? No. The benefit of listening to those rebukes is that you will effortlessly get rid of the ego which you cannot be done by making effort.
- Kabir was a great devotee of Rama. He chanted the name of Rama and got liberated. Compared to your Japas, dhyanas and worships, nourishing faith in Guru and God is most important. Your spiritual efforts will fetch you only 10 out of 100 marks. By nourishing faith in Guru and God in all the situations and in all the periods of time, you will earn 90 out of 100 marks. Therefore there is no wealth greater than faith. Kabir said: 'Don't lose your faith inspite of losing breath'. In spite of being great scholars and wealthy people, if any of His companions lacked faith, Jesus called them on face as faithless people. However inculcating faith in God is not so easy.
- When Tulsidas took birth, he looked like a 3 year old boy. He did not cry immediately after taking birth. Rather he said: 'Chant the name of Rama, Chant the name of Rama'. Tulsidas's father got frightened on seeing Tulsidas. He brought astrologers. The astrologers predicted that the stars of Tulsidas will beget harm to their family. The father felt that

the family would incur a great loss if Tulsidas stayed with them. Within 10 days of Tulsidas's birth, his mother expired. When Tulsidas reached the age of 5, his mother who bought him up also expired. Then there were none to look after Tulsidas. He used to beg for his food in the village. The villagers felt that they would die on giving him food. Hence they shut down their doors for Tulsidas. None of the villagers gave him food. In such a situation, Tulsidas came across a Mahatma. Looking at Tulsidas's pathetic situation, the Mahatma asked the reason for it. Tulsidas replied: 'None of the villagers are giving me food. No one needs to kill me. I will die of starvation'. The Mahatma consoled Tulsidas by saying: 'Don't speak like that. Your eyes resemble Divine eyes. You were devoted to Lord Rama in your previous births'. Saying so, the Mahatma took Tulsidas to Allahabad. After few years, he took Tulsidas to Kasi and got him educated from some scholars. At the age of 15, Tulsidas became a great scholar. He did not give up chanting the name of Rama. He learnt all the scriptures. From here onwards Tulsidas started preaching Ramayana. Ramayana is a great ocean. Tulsidas said: 'One can find as many jewels in Ramayana as may be found in an ocean'. Tulsidas used to perform his spiritual practices. At the age of 16, an elderly person approached Tulsidas and said: 'You are preaching Ramayana. I heard that you are not yet married. My daughter's name is Ratnavali who looks very beautiful and is not yet married. I would like you to marry her'. Tulsidas replied: 'I am performing spiritual practices. I don't have any intention of getting married'. However the elderly person earnestly requested Tulsidas and got him married. Immediately after marriage, Tulsidas completely forgot Lord Rama. A son was born to Tulsidas. Tulsidas didn't love his son. Rather he would always love his wife. Tulsidas had some destiny left over which the Lord decided to get

it exhausted. One day when Tulsidas went out of the village, his wife visited her parents. By the time Tulsidas returned back, Ratnavali was not found. He totally forgot the name of Rama. Rather he started shouting Ratnavali, Ratnavali. One of the neighbours informed Tulsidas that his wife had gone to her parents. Then Tulsidas immediately started towards his in-law's house. On seeing Tulsidas, Ratnavali got angered and said: 'I came here to see my parents. You should not have come here so hastily. The attraction and attachment that you have towards my body, if you had it for Lord Rama, you would have got liberated by now'. On hearing these words, Tulsidas's devotion for Lord Rama resumed back. Immediately he came back to Kasi. He completely forgot his wife. While Tulsidas was again preaching Ramayana, Lord Rama willed that Ramayana should be written by Tulsidas. Valmiki wrote Ramayana in Sanskrit. Even Tulsidas started writing Ramayana in Sanskrit. The four verses that he wrote today would vanish away by tomorrow. Tulsidas felt that Valmiki has already written Ramayana in Sanskrit. Most of the people speak Hindi in Kasi. Therefore Tulsidas got the inspiration that Ramayana should be written in Hindi. In 7 months, 26 days Tulsidas wrote Ramayana in Hindi. It is called as Ramcharith Manas. Mahatma Gandhi quoted Ramacharith Manas in his autobiography. He said: 'I have read several books in the world. But Ram charith Manas written by Tulsidas is the most beautiful book. I have not seen such beauty in any of those books'. The glory of Tulsidas is revealed here. Bhagavan Ramana attained Jnana through death experience whereas Tulsidas attained Jnana through his wife's rebuke.

 As long as you possess the feeling 'I am the doer' you get bound by that work. When the doer doesn't exist, though you may work it is

equivalent to not doing. When work is done without ego sense, it is equivalent to not doing. You will then become subject to God's Grace. Then the ego related 'I' gets lost and Self related 'I' is experienced. Some people perform good deeds and decorate their ego. They are unaware that it is going to ruin them. That good deed may bring in merit. But it is the false 'I' which again experiences the fruit of that merit. This is only called as samsara (the vicious cycle of birth and death). As long as you are like this, the bondage of samsara becomes inevitable. Now everyone is bound by the Karma. A person bound by karma is forced to get samsara. When the karmic bondage is lost, there is no more samsara. How to get rid of this karmic bondage? Irrespective of your likes and dislikes, if you strictly follow the acts prescribed by the scriptures, they will act as an antidote for the past bad karma. It will drive away the effect of the past bad karma and release you from ignorance and bondage. If you perform the deeds which are relished by the senses and the mind, you get bound by the Karma. From the Karmic bondage emerges the samsara. Then how can you secure liberation?

-  Bhagavan said: 'The bliss experienced by a person who is devoid of any desire pertaining to this world or the other worlds is not even enjoyed by the emperor ruling this entire world'.
-  Company of the Holy people, service to the elderly people, reading the scriptures and being cautious about food will increase the Sattva. Even Sattva is an attribute but it leads towards Self Realization. Happiness, Peace and bliss derived from Self Realization cannot be derived from any other activity.

- As the water cleanses the body, even the friends should cleanse the mind. Have the company of such friends. Read only such books that cleanse your mind.
  
- Speech related penance means not speaking harsh words. Mental penance means ensuring that the mind always gets good thoughts. Ensure that you get thoughts that aid in God realization. It is called as mental penance. Body related penance implies - perform good deeds if possible and avoid doing bad deeds. Don't get provoked even if others provoke you to do bad. If you hastily do something bad in order to retaliate others actions the mind gets ruined internally. Jiva/mind must be pure and clean. These three types of penance should not be given up in order to raise the level of consciousness.
  
- If the disease is diagnosed, it can be cured. Similarly if you are aware of your weaknesses, you can get rid of them. Without knowing them, how can you get rid of them? If you really have Guru's Grace, He will point out your weaknesses, ensures that you realize how to get rid of them and also bestows you with the power to get rid of them. Such is the glory of Guru. Don't consider Guru to be a dumb. Guru exists as the indweller. He observes your thoughts. He observes your each and every activity. When the Guru feels that you should not get more number of births, He will ensure that you will get many experiences in a single birth, converts you into a cleansed pearl and bestows with Self Realization. Some people feel that good people are being subject to more hardships whereas bad people are leading a very happy life. On whomever God bestows His Grace, God ensures that the hardships

pertaining to 100 births are experienced by them in a single birth and bestows them with Self Realization.

- ❖ Prophet Mohammad said: 'Earn money that is sufficient enough for your physical needs and family maintenance. Spend your time in the contemplation of Allah. If you get more money as per your destiny, utilize it for the sake of needy (ie financially poor people)'.
- ❖ All of you are arrogant. As that arrogance is not visible, you think that it doesn't exist. Some people look very beautiful and hence they become arrogant about their beauty. It is form related arrogance. Some people are highly educated and become arrogant because of their education. It is education related arrogance. Some people proclaim themselves to be good. They also declare their entire family to be good. It is character related arrogance. Such people get ruined instantly. Some people declare: 'We have been to Himalayas. We meditate from morning 3 O'clock till 6 O'clock'. This is penance related arrogance. People with penance related arrogance are the first to get ruined. No spiritual progress is visible on their face. They seem to be utter idiots. If there is power in hand then there is a lot of weight age to your words. You will get the arrogance that everyone is listening to your words. It is power related arrogance. You are all soft thieves. Hiding the arrogance inside, you seem to look like big people. Cent percent if you don't have arrogance, you must get Self Realization. On someday or the other the Guru reveals your arrogance. From then onwards you make an effort to get rid of that arrogance. As long as this arrogance prevails, there is no scope for Self Realization or getting rid of samsara (vicious cycle of birth and death). One who suggests the means to get rid of arrogance is

called as Guru. A single disease is enough for the body's death. Similarly whatever may be the cause of your arrogance, you will get ruined.

 Tulsidas said: 'Without possessing love, how can you love others? Without possessing Peace, how can you distribute Peace? What you possess is lust and not love. You enact as if possessing love. Unrelated to the sensory objects, people and the world there is a Supreme Peace within your Heart. If you can secure it, you can love anyone. Until then you cannot love anyone'.

 Make effort to secure the Supreme Peace within the Heart but don't keep waiting for it. Doing so indicates your impatience. You need not ask the water to flow towards the slope. It will flow automatically. Similarly Jnana instantly flows towards the tolerant people but not towards the intolerant people even if forced to do. Jnana cannot be secured without tolerance. Tulsidas said: 'tolerance, tolerance and much more tolerance'.

 Having secured the Peace within Heart, you will not get desires anymore. As a person cannot live being unrelated to the five elements, one cannot lead a completely secluded life unrelated to society. Talk to the extent needed. Don't speak unnecessary words. You may have a lot of money or 10 different cars or 10 relatives but don't depend upon anything in the world for the sake of your happiness. Don't depend either on your mind or the senses or the physical body for the sake of happiness. Possess any number of things but don't depend upon external objects for the sake of your happiness. Don't allow your mind to settle there. Control all of them. Even if the body dies, your

happiness and Peace should continue. When the Self related Bliss is experienced, you will know it by experience that such happiness and bliss cannot be found either in this world or in the other worlds.

- 🌸 These words will be useful when the inspiration to secure Jnana emerges inside. When you don't have that yearning to secure Jnana, there is no point in listening to these words. They don't yield any result. Without yearning to secure Jnana, you cannot grasp the worth and weight age of these words.
- 🌸 Whatever may be the task in hand it should reduce the flaws of the mind and should not increase them. Why should you work so hard to increase the flaws of mind? It will bring in the Karmic bondage. Along with the Karmic bondage comes the bondage of samsara (the vicious circle of birth and death). The Karmic tendencies which are the root cause of getting the physical body should be eradicated before the body's death. This is the goal of all the spiritual efforts.
- 🌸 Any amount of good deeds done will not take you towards the feet of God. Your faith in God leads you towards His feet. When a person is alive, he tries to protect his life. Similarly a spiritual aspirant must try to protect his faith in God.
- 🌸 Adi Shankara said: "Oh! Shiva, you are rubbing my ignorance with your feet. Did your feet get discolored, Oh! Shiva? Your feet are getting discolored to eradicate my impurity. How Gracious you are Oh! Shiva. What did I do that you are showering such Grace upon me, Oh! Shiva?"

How can the darkness exist, when a lamp is lightened? Having attained your Grace, how can my ignorance exist, Oh! Shiva?"