



Ramana Bhaskara



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- ❖ Everyone needs Bliss, happiness and Peace irrespective of the path adopted and irrespective of being theist or atheist. The question is not about whether God exists or not. You presume that you exist but don't have the experience related to it. It cannot be experienced through magic, gimmicks or any tricks. You cannot deceive God.
- ❖ Purity and Impurity- that which is unchaste is termed as impure and that which is chaste is termed as Pure. You came onto the earth only because of being impure. Otherwise there is no need for you to come here. Unless the impurity is lost, you cannot become pure. You don't like being one amongst all. You want everyone to feel that there is something special about you. Here starts your entire ill-health. If you run after these artificial honours, the mind becomes more and more impure rather than becoming pure. Therefore pursue your own path without imitating others.
- ❖ Without dispassion, Jnana cannot be secured. Dispassion alone is the wealth of a spiritual aspirant. Your entire weakness lies here- you presume that something can be achieved only on desiring it and not without desiring it. Remember that God alone exists. There is no existence for you. The scriptures stated: Irrespective of the spiritual practices or pranayamas or worships done, Self Realization cannot be secured without God's Grace. Everyone wants to reform their mind. If the mind is left without Japa and dhyana, everyone's mind gets externalized according to their tendency. Everyone makes effort to secure God through Japa and dhyana. Everyone makes some effort or the other to catch hold of God. But God is not holding you. There are not even the signs of God holding you. It is because of your

identification with the external tussles, craving for fame, wealth and authority. God feels: 'They don't need Me. They simply make use of Me. They crave for something else'. God may fulfill your desires but will never hold you by hand. As long as the ego sense exists, God cannot hold you. Reduction of mind's wavering indicates that you are being held by God. Once God holds you, Self Realization is secured. Without being held by God, you cannot reach ashore through spiritual practices and intelligence alone. You declare God's Existence verbally but do not trust it within the Heart. God is aware of it. You are casually mentioning about God's Existence but don't have the faculty and tendency to secure Him.

- 🌸 Maintain your external affairs to the extent required but don't possess world related tendency. By possessing it, you will get distanced from God. Learn to be unperturbed. You will become recipient of His Grace if you remain unperturbed irrespective of being rebuked or praised.
- 🌸 Vittam and Vruttam- Vittam means wealth. Vruttam refers to character and righteousness. Don't possess vittam without securing vruttam ie earn righteously. Unrighteous earning leads towards sorrow. If your earning is unrighteous, your mind will never allow you to remain happy. Money is needed hence earn it righteously. Unrighteous earning will beget disturbance and not Peace.
- 🌸 You may not be able to see the fruit of good deeds in this very birth. They may yield fruit in the forthcoming birth.

- ❖ A devotee asked Bhagavan: 'When will I get liberated?' Bhagavan replied: 'When your Karmic tendencies get annihilated'. The mind doesn't get annihilated without destruction of the karmic tendencies. There is no liberation without the destruction of mind.
- ❖ Taking a dip in Holy Ganges and presuming that the sins have vanished is not repentance. Visiting Lord Venkateshwara is not repentance. Accepting the mistake committed is also not repentance. Having committed a mistake, if you realize it and do not repeat it throughout your life, it then becomes repentance. It is very usual for a person to commit mistake. Rectifying that mistake is remarkable. Sometimes you may fall down while walking. You will not sit there only because you fell down. You will take back your leg and resume walking. This is only referred to as self effort.
- ❖ You have not become that which you want to be. You are always that which you are. Without experiencing this you cannot stop identifying with something or the other. You are the Self. In spite of being the Self, who brings the thought of being separate from it? It is the mind.
- ❖ Something or the other may seem to be great in this world. But it is not true. You will feel so when you possess such a kind of tendency. Externally there is nothing great. Internally when you have such tendency, they will seem to be great. Everything exists inside. Whatever has to be lost also exists inside.


- 🌸 Until the mind gets purified, it will not reach its source. Unless the source is reached, Self Realization cannot be secured. Until then the mind's wandering doesn't stop.
- 🌸 When asked: 'What is meant by Jnana?', Sri Ramakrishna replied: 'Currently you utter 'i', 'i'. Realizing that you are not that 'i' is referred to as Jnana'.
- 🌸 The entire wealth of this creation belongs to God. Even if you think, it belongs to you, it is God's possession. Even if you think that it doesn't belong to you, it is God's possession.
- 🌸 Until God Realization is secured, no Jiva can get rid of the thoughts 'i' and 'mine'. Until God's Grace is secured, you do not realize that whatever is presumed to be 'mine' actually belongs to Him. This is only Mahamaya. It is alright whether you do self enquiry and find the root of this 'i' thought or surrender this 'i' thought to God. If you are intelligent enough, reform it else surrender it to God. Anything is alright. Get rid of it in either way. Tread the path of Self Enquiry or the path of Surrender to get rid of the ego. Both the paths yield the same result.
- 🌸 While returning from Nagpur, Karuna (one of the devotees) said: 'Nannagaru, we will keep waiting for your return back to Nagpur'. But now she has gone to the other worlds. It is not known why God unites two people or separates two people or makes some people inferior and some other people superior? Whoever declares, 'I know it, I know it', even they really don't know. Since they know nothing, they say so.


- When Socrates was asked: ‘Why do so many people flock to you?’, he replied: ‘All of you presume yourselves to be intelligent. But I don’t know anything. I know very well that I know nothing. Hence many people visit me. If you consider yourselves to be intelligent, who will come to visit you?’


- Irrespective of the path you tread, do not forget the goal. The mind must be merged in God. Purify the mind in order to merge it in God. Don’t disturb the mind concerning it with the external things. Be very cautious about the friendships being made and the books being read. In spite of having them, be in solitude at least for an hour per day. In solitude, you will understand what is happening within the mind. You will understand both the plus points as well as the minus points. You should then carefully make effort to get rid of your weaknesses. Then that effort itself gets converted into God’s Grace.

- Remember this: On forgetting your name and form, the Bliss within the Heart flows into the sahasrara (the thousand petalled lotus seated in the head). Then you need not do pranayama or visit any temple. But you are unable to cross the threshold of name mindedness and form mindedness. Both of them are illusions. You don’t know what God has stored for you in future - whether good or bad, it is unknown. The external tussles are as false as the body and mind. Stop getting identified with the name and form. Then you will remain untouched by the world and transcend the principle of Karma. If you cannot get rid of your name and form mindedness, as a calf tied to a pole gets lashed by its master, even God lashes you with a whip. If you stop identifying yourselves with a particular name and form (not verbally but


experientially), even the destiny cannot touch you. You will remain unaffected by the destiny.


 Latu used to serve Sri Ramakrishna Parmahansa. As Latu was uneducated he asked Sri Ramakrishna to permit him to serve Sri Ramakrishna physically. Thus Latu used to do all the kind of odd jobs for Sri Ramakrishna like giving water, cleansing his room etc.,. After Sri Ramakrishna gave up His physical body, Swami Vivekananda initiated all the disciples including Latu into Sanyasa. Latu said: “I am uneducated. Why do I need Sanyasa?” Swamiji replied: “There is no relationship between education and Sanyasa. Sanyasa means giving up the mind. When we are all wearing ochre clothes, why should you alone wear white clothes? We both are one and the same. Whether you have education or not, you always belong to Me. You are my Latu and I am your Swamiji. Then where does the question arise whether you are educated or not?”


 Jnana, yearning and inquisitiveness to know the Truth should arise from inside. It is not something that is poured from outside.

 A devotee asked Bhagavan: “When one anxiety is gone, I get another anxiety. Something or the other comes and falls over my head. I am unable to understand all this”. Bhagavan then replied: “You are getting all these anxieties due to lack of faith in God. Have complete faith in God. Place your entire burden on Him. There is nothing to worry. You are afraid that He will not be able to carry if your burden is placed upon Him. You need not worry about it. He will carry your burden. Always nourish the faith that there is someone called God. That faith should

represent a flowing river. If it is so, how many ever anxieties you may have do not really matter. What, when and how a problem has to be resolved- He will look after the same. God is more intelligent than you. God has knowledge beyond the senses. God knows better what is good and what is bad for you. Therefore if you give up the anxieties to Him, you can remain worryless. Whether it is hardship or happiness, nothing comes without His knowledge. God sends the hardships not with the intention of torturing but to purify you and merge within Himself. When your mind has several defects, God sends certain hardships to rectify those defects. You consider them to be hardships but they are not so. God's Grace comes in that form. If you experience them without questioning, God will merge you in Himself. You will then realize that you are verily God".

 Your mind must get thinned. Once it gets thinned, it will get torn automatically. But if you crave for recognition, the mind will get thickened. Without craving for recognition, when work is done for the sake of work, the mind will gradually get thinned and automatically get torn even without your knowledge. You will then get merged in God.

 Protect your peace. Though your fellow beings may try to disturb your Peace out of hatred, try to protect your Peace. When someone speaks something, you must know the intention behind it. You must have that discrimination. Without that discrimination and dispassion, you will not get introversion.

 If your mind doesn't get attracted towards any object in the world, it is called as dispassion. Discrimination means the ability to differentiate

what is permissible to do and what needs to be given up. Your thinking faculty cannot decide what needs to be done and what has to be given up. You do not have that intellect. Therefore abide by the scriptures and follow them gradually. Take the scriptures as the authority and behave accordingly. Looking into the mirror, you dress yourselves. Similarly make the scriptures as authority and ensure whether or not your life is according to the scriptures. By leading such a life, you will secure liberation.