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Speech delivered in Tanuku,
dated 9-11-08.

- ❖ As long as I am concerned, giving sermons is my swadharma and being honoured for that is paradharma. One must carry on the tasks which are favourable to their mental nature. Anything done against the mental nature for the sake of formality becomes paradharma. A particular task should not be done merely because it is being done by others. First examine whether it is favourable to your mental nature, what will be the impact of the same in future and whether it will bring in peace or not. If you think in this perspective, it becomes swadharma. Without doing this, if you do a certain task merely because it is being done by others (ie imitate others), it then becomes paradharma. The Lord said: 'Paradharma brings in sorrow and Swadharma brings in joy'.
- ❖ If you want to get liberated, leave the body to its destiny. The destiny is as false as the body. When the body has to take birth and when it has to die is all predetermined by the destiny. You read all these things in the books but do not believe in them. All of you are faithless people.
- ❖ There are several kinds of sciences in this world. Self Knowledge alone is the true knowledge. Why is it called as true knowledge? It is because the Truth within the Heart is revealed through it. The Lord mentioned in the Gita: 'I am the Self Knowledge'. The rest of the sciences are related to the world. They are as false as the body and mind.
- ❖ Anyone with body consciousness is equivalent to a pashu (animal). Lord Shiva is Pashupati (Master of Pashu). One who gets rid of animalish tendencies is called as Pashupati. Unless one takes refuge in Him, the body consciousness cannot be lost and unless one gets rid of body consciousness, Self Knowledge cannot be secured.

 You may feel that someone else is creating hindrance in securing God Realization. It is not so. Your body mindedness and name mindedness are only the main hindrances. You may often think: 'I have done this good task or I have done that good task. I have achieved this or I have achieved that etc.', These thoughts are the main hindrances. Without getting rid of them, you feel that something has to be achieved. Without getting rid of them, Self Realization cannot be secured. You feel like doing Japa or dhyana and achieve something but don't like getting rid of your weaknesses. You are already indebted and are trying to increase your debt! There are many things which have to be lost. If whatever has to be lost is lost, the Self exists here only. Self exists within the Heart and Thou are that. Why should you earn yourself? It is not something to be earned. If your day to day behavior is good, the Self becomes gracious and bestows its Grace upon you. On some day and in some moment, it comes into your experience. It then becomes your final birth. When the Self comes into your experience, you will understand its glory as clearly as you feel the touch when one hand is touched by another. The Self not only comes into your experience, you will understand that Thou are that.

 Whatever you see, listen and imagine is not true. It is because the Self is beyond your sight, listening and imagination. Don't presume Self to be someone else. Thou are that. Without introversion, Self cannot be experienced. It is not something which can be bought in the market with money. Externally you may possess millions of Rupees but don't allow them to enter your Heart.

- The scriptures state: 'If a drop of water falls on a scorching piece of iron, it becomes nameless and formless. Similarly do Self Enquiry and become nameless and formless'.

- The Lord said in the Gita: 'Oh! Arjuna, you have a feeling: How should I kill this Bheeshma? How should I kill this Drona? But who are you to kill them? I exist in the form of death. On the arrival of the appropriate time, I will knock off their life. You just move your hands. The world will praise you saying Arjuna has been victorious'. You read this several times. But how many ever times you read, you don't understand it. The reason being, you don't have sufficient faith in God. The mouth states that God exists whereas the mind states that God doesn't exist. It is because you lack the required eligibility and your mind is untrained. You are all devotees but you listen about the worldly affairs more intently compared to listening the Lord's words.

- The world is nothing but a combination of name, form and action. Without them there is no existence to the world. You must have Love for God. You must have faith in Him. But you don't have them. You like your daughter. It is good. But do you have the same amount of love for God? You must put this question to yourself. When you talk something, it should be done heartily. People keep talking about something in general. Their thought, words and actions differ. They are not done heartily. There is neither sincerity nor synchronization (of thought, word and deed). They do it desiring worldly fame. Without synchronization of thought, word and deed, none can secure Jnana.

- 🌸 The Lord said in the Gita: 'It is very difficult to change your nature. If your nature has to be changed, both the body consciousness and the mind have to get burnt in fire. If your thoughts, words and deeds are impersonal, you will become purified. Hence observe them carefully.
- 🌸 Be pure and steady in your actions. If you are more concerned about the acknowledgement of your work by others, you can never secure Jnana inspite of taking birth for innumerable times.
- 🌸 Ignorance has others but there are no others for Jnana. One and only one exists ie Self. Jnani sees only that and nothing else. Fear, desire, disturbance, hatred arise only on account of duality. When the Self alone exists and the entire world is visible as Self to a Jnani, how can He have fear or lust or hatred or disturbance?
- 🌸 Shraddha means: Keeping aside your likes and dislikes and developing 100% faith in the words of God. Develop such shraddha. It will lead towards Jnana. Such a shraddha has to be earned. All the other things are secondary. They are equivalent to a dream. The Lord said: 'I exist as the indweller in everyone'. If you have faith in those words, you will earn the eligibility to secure liberation.
- 🌸 Have Love and devotion towards God. Whatever may be the spiritual practice you adopt, the sole goal of it is getting purified. Jesus said: 'How can one secure Completeness without being purified?' It is not possible.

- ❖ As per destiny, the body related troubles exist in every birth. Leave the body to its destiny. Learn introversion and try to secure the Self existing inside. Whether you go to Himalayas or Kasi or Rameswaram, you are always accompanied by your filthy mind. Remember this. How does it matter where the body stays? Ultimately you must get a changed mind. That is more important.
- ❖ The Lord mentions only the words that would reform you and not those that would lead towards your ruin. The Lord doesn't expect anything in return. Gold may be great from your perspective. But from God's perspective, it is equivalent to mud.
- ❖ A devotee asked Bhagavan: "The elders state that the Self exists within the heart. I have luke warm water like faith in these words. How can I get complete faith?" Bhagavan replied: "Your mind has not yet ripened. Don't be in haste. Perform the spiritual practices slowly and gradually. If you hastily try to ripen the un-ripened fruit, it gets spoilt. Rather than entering your mouth, it enters the dustbin. Increase your faith gradually. Be in the Company of Holy people. You will get reformed. Don't give up the faith that the good days are ahead. Forget all the past tussles and keep doing Self enquiry".
- ❖ You may have any amount of education and money but have them in your control. Unable to do so, if you keep on expressing them, you will get distanced from the Self. This money, education and fame come if they are part of your destiny. None can stop them. Suppose a wave of breeze flows in this direction and I want to stop it with my hands so that other people do not get it, is it possible to stop? No. Similarly

whatever is there in your destiny, you are bound to get it. Even if the people who are jealous about you want to stop it, they cannot do so. Recently someone told me: 'My son has been getting some marriage alliances. But few people in the village have been spoiling them'. I replied them: 'If the appropriate time for your son's marriage comes, the marriage will not stop even if the entire village attempts to ruin it. Who are they to make the marriage or break the marriage? God's will is most powerful. It is bound to happen irrespective of opposition from lakhs of people. Unable to realize the power of God, you blame someone or the other for spoiling the marriage alliance. As you lack faith in God, such doubts pollute your mind. Don't get anxious about anything. Whatever has to happen will happen in appropriate time.

 The physical health has to be carefully protected in order to carry on the quest for Truth. Health itself is Bliss. Forget the past affairs (by building a wall). Make the best utilization of the present time in hand. Suppose a room has been dark since several years and suddenly you lighten a lamp, will the darkness resist in disappearing? No. As soon as the lamp is lightened, the darkness disappears. Similarly the ignorance within you might exist since several births. But if you do self enquiry, increase the faith in God and thereby lighten the lamp of Knowledge, the ignorance gets destroyed. The ignorance cannot say: 'I have been accompanying you since thousands of years. Where can I go now?' Since the ignorance is false, it vanishes.

 Whether you believe it or not, the scriptures are true. Penance is conducted for thousands of years in order to realize that the scriptures are true. The body, word and mind must be filled with penance. You are

habituated to work with ego sense. The words spoken out and the deeds done should always be impersonal. There is no person there. As the existing one (ie Self) seems to be non-existent, the non existing one (ie Non Self) seems to be existing. This misconception will continue until the Self is realized (ie the existing one seems to be existing).

 You may feel: 'Everyone is alright. The family life is fine. The days are passing on smoothly'. Referring to this Sri Ramakrishna would say: "All of you resemble the fish trapped in a net. Such fish think: 'It is alright even if we get trapped. What is the loss incurred in getting trapped? We are still able to swim in the water'. Thus they keep swimming blissfully, unable to realize that they will be thrown onto land in an hour. Even your behavior is similar to that of fish. If your days are passing on smoothly, what makes you feel proud? What in this creation is worthwhile to make you feel proud? Whether your work is good or bad- it is all a dream. You don't know when you are going to get a call from the god of death Yama. Be happy until you get that call. Why should I spoil your happiness?"

 In every birth, God gives us some or the other body and you keep identifying yourselves with it. Without the strength of past merit, you don't even get the faculty to have the company of Holy people. Leaving aside the Truth inside, don't run around the ignorance. When the ignorance prevails inside, they are fools forever irrespective of whether they have money or education. Externally they may have money and education but where will his inner nature disappear? Whoever works in this world, they do it with a desire. They work and earn money only to fulfill their habits.

- ❖ The spiritual aspirants must be careful about their food and clothing. They should not purchase costly things beyond their capacity. If you don't have any bad habits, how much would it cost for food and clothing? It won't cost much. Money gets spent only due to bad habits. If the force of habits gets reduced, you will realize whether or not the Truth exists inside.
- ❖ The meditative state cannot be secured in a single instance. Therefore God has prescribed the good work and selfless work.
- ❖ Educate the mind gradually and divert its direction. Divert its path from hell towards liberation. If you sit in a train going towards Nidadavolu and start thinking that you are unable to reach Bhimavaram, how is it possible to reach Bhimavaram? Similarly if you sit in a train that travels towards the hell, you can never secure liberation. However if you sit in the train towards Bhimavaram, you will reach the destination even if it gets delayed by an hour or two. Therefore first decide the goal and train the mind such that it traverses in that direction. Educate the mind and make it seated in the train towards liberation.
- ❖ You always think with the head and not with the heart. You are always concerned with the head. God has not mentioned that He exists within your head. He said: "I exist as the indweller in everyone's Heart. As the water flows in a canal, if your faith, devotion and love flows in My direction, you will get automatically reformed unknowingly even without your knowledge. Then the inner Peace and Bliss flow into your sahasrara. You will then get surprised looking at yourself. You will feel: I

thought that the liberation and Peace will come sometime later in future but how is it that I secured them so soon?”

- ❖ As you keep on contemplating upon God, you will get distanced from the Non Self. As and when you approach the fire, the warmth can be felt. Similarly when the indwelling God is approached, self control and sense control are automatically secured. You need not make a special effort for their sake.
- ❖ Some people always think negatively. If you imitate such people, you will get ruined. All these are the ill effects of bad company. As you are travelling to America in order to earn money, travel upto the edge of the planet for the sake of Holy Company.
- ❖ Sri Krishna Chaitanya had a muslim devotee called Mastan. Four days prior to His Mahasamadhi, Sri Krishna Chaitanya called Mastan and said: “Mastan, you have been faithful to Me all along these years. Though our religions are different, you have been following Me. Tell me what do you want?” Mastan replied: ‘I cannot see this world without you. Please send off my body when you are alive’. Such was Mastan’s faith in Sri Krishna Chaitanya. Listening to Mastan’s words, Sri Krishna Chaitanya said: “Oh! Mastan, what a purified soul you are!” Mastan said: ‘Don’t call me a purified soul now itself. Announce that Mastan has lead a purified life only after my last breath gets released. As long as I am alive, there are chances of my committing any mistake. Such is the strength of the Maya’. As per Mastan’s desire, Sri Krishna Chaitanya buried him with his own hands.

- ❖ Even the mountains can be moved when there is faith. When can such faith be secured? It is possible only when you get 100% faith in the Lord's words. It cannot come through talk of the mouth. That inspiration should arise from within the Heart.
- ❖ You will get trapped in the clutches of Maya if you get involved in unnecessary affairs. Find out a way of your reformation. Constantly observe yourself. If you are getting any bad thoughts, don't think constantly that you are getting bad thoughts. The bad thoughts will not disappear just like that. If you habituate good thoughts, the bad thoughts will disappear.
- ❖ Buddha's life was most impersonal. You crave for recognition even for a small task done. Buddha gave up a very big kingdom. He said: 'I don't want even a small sign of my arrival into and departure from this world to be left'. We may say Buddha, Buddha. But there is no person there. The world may see a person in Buddha but there is no individual life there. It is a Universal life. Having left the great kingdom, he never thought about it again. 100% dispassion is visible there.