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🌸 Today is Sep 1st, the auspicious day on which Bhagavan Ramana came to Holy Arunachala. No Jiva is independent. God decides the place and time where this physical body has to dwell. God alone is independent. Whatever happens anywhere - it is all but a dream. Whether your body is subject to good luck or bad luck, it is all equivalent to a dream. Every family has its own joy-grief and happiness-sorrow. Everyone has their own hardship. Despite this, if you are able to forbear them and do whatever is within your control as an offering to God, you will become subject to God's Grace. You must inculcate devotion towards the Lord, develop reverence for Him and try to secure His Grace. All the other things are secondary. When there is a flood in river Godavari, even the heaviest things are driven away in the torrents of that river. Similarly despite being subject to several hardships, all of them vanish away in the heavy flow of devotion for God. Whether you know it or not, God dwells as the indweller and drives everybody according to their destiny (past karma). Surrender to the indwelling Lord. Have devotion for Him. Possess faith in Him. By leading such a life, the Lord releases you from the worldly sorrows, eliminates the flaws of the thinking faculty and bestows you with Self Realization. What else is needed?

🌸 Bhagavad Gita is the instructive text and the mandate. The Lord clearly states what is permitted and what is forbidden to do. The Lord said: "Oh! Arjuna, if you follow this you will be reformed else you will get ruined. Do as you like." Though the Lord has given this freedom, Bhagavad Gita is still a mandate.

🌸 The physical body takes birth in a particular period and dies in another period of time. As long as the body is alive, the body alone seems to be

true. As long as the body consciousness prevails, the mind dwells upon sensory enjoyments and not upon the Self related Bliss. Unless the Self related Bliss is tasted, the mind cannot divert from the sensory enjoyments towards the Self related Bliss. While enjoying the sensory objects, you still desire to experience the Self related Bliss. It is not possible. By contemplating upon the Self, the Self related Bliss is experienced. Contrarily, if you contemplate upon sensory objects, you are left with poison.

 The physical body is subject to death. But there is a deathless spirit within the Heart. The Lord said: “Whatever may be your education, where ever you may go to seek education, if it cannot aid in securing the Truth, can you call it a true education?” The Lord doesn’t forbid you to get such education. It will aid in feeding the stomach. Your education must be Truth centric. If it cannot aid in securing the Truth, can you call it a true education? No. The Lord implied: ‘Suppose you learn 90 different sciences but do not realize the Truth, can you estimate the loss incurred if you die without realizing the Truth? Any amount of money and honour that you may earn are good as far as this world is concerned. But all of them come to an end in the burial ground. If you realize the Truth making your education Truth centric, it will release you from the nature, worldliness, delusion, ignorance and rebirth.

 You are concerned with the heat in the summer season, rains in the rainy season and chill in the winter season. When the body comes, all these troubles are inevitable. These troubles can be transcended only on securing the state where there is no duality and not before that.

- There is no separateness in the deep sleep. The separateness arises only when there is a wavering in the thinking faculty. From this separateness emerges the worldliness. You don't get angry with yourself. You get angry only with others. You don't desire your own downfall. Rather you desire other's downfall. You get such feelings as you don't understand that they are not apart from you. Whosever downfall you desire for, you dwell even in them. If you desire other's ruin, you desire your own downfall. All this originates from the sense of separateness.

- Duality arises when there is a wavering in the mind. If the mind is still and if there is no wavering in the mind then no second person is visible. You cannot even sense the presence of a second person.

- There are several kinds of charities like donating the cow, land etc., but imparting Knowledge alone is the greatest mode of charity. Acharya alone can do it.


- Everyone seeks for Peace and Happiness. The richest person seeks for Peace. The poorest of the poor also seeks for Peace. The educated person also states: 'I do not have Peace. I want Peace'. In this context, the Lord said in the Gita: "Nispruhaha, Nirahankaraha, Nirmamaha ie one who is devoid of grief, ego and attachment, they alone are eligible to experience Peace'. Whatever is forbidden by God, don't seek the same. Though you may not physically do that task, if your mind dwells upon them similar to houseflies dwelling upon the filth, you cannot secure the Supreme Peace ie externally you may look pure but internally you will get ruined.


Though you are not the physical body, the Lord has bound you with the thought 'I am the body only'. You don't have reverence for elders. You don't need the parents, the Guru and the scriptures. If you want to become free untying the rope 'I am the body only', will God permit you to do? No. It is not possible as long as the flaws of the thinking faculty are expelled and until the body's Karma (the very purpose of the body's arrival into this world is to experience it) gets exhausted. Before this even if you get anxious, God doesn't untie the rope 'I am the body only'.


Whatever may be the body's destiny, if you are in the quest for Truth, the destiny gets exhausted and you will remain unaffected by it. On listening to God's words and on contemplating upon Him, though the body experiences the destiny, your days pass off happily and peacefully.

Without self control and sense control, one cannot secure a steady thinking faculty inspite of reading any number of scriptures. The mind and senses automatically become silenced when you experience the glimpses of the inner peace and happiness. If a person earns a lot of money, he is referred to as a great man. If a person secures 10 Ph.ds, he is referred to as a great man. If a person earns a great fame, he is referred to as a great man. But none of them are Mahatmas. The elders said: "A person with self control and sense control alone can be called as Mahatma. None of the others are Mahatmas". Though a person may not be rich and stays in a thatched hut, if he has self control and sense control, He alone is Mahatma, Maharishi and Acharya. He may stay anywhere but always dwells in the Supreme Peace. Contrarily, even if

you stay in big buildings, if your mind is full of flaws, you will keep crying.

 Your body is covered by the clothes. Similarly your true nature ie Self is covered by the thoughts of 'I and mine'. Though it is covered, you are always that Self. Suppose the thought 'I am the body' is lost, even if you want to become sorrowful, there is no one to experience that sorrow. It is because the one who experiences the sorrow has untied the rope 'I am the body' and fled.


 Observe your desires carefully. You don't desire yourself. Rather you like something about external things and external people and desire that from them. You have a misconception that happiness can be secured on attaining them. But in the process of time either you will die while possessing them or they will be lost before your death. Only after securing them, you understand that there is no happiness in them. Peace and Happiness are not external. They are within the Heart. Rather than getting introverted and seeking happiness inside the Heart, Peace and happiness are being sought externally. Peace and Happiness cannot be secured though they are sought for innumerable births in a place where they do not really exist.


 Without the Grace of Acharya, you cannot even get the faculty to seek Knowledge. Silence is an uninterrupted speech. When the Heart speaks with the Heart, what is the need of words? Words are needed when something cannot be understood through Silence. When the Silence is understood, there is no need of any words.

When the Lord was asked: 'I don't want to incur sin but am unable to avoid it. Why is it so?', the Lord replied: 'It is due to desire'. If the thinking faculty contemplates upon the Self, the desire doesn't arise. When you stop contemplating upon the Self, you feel that securing either this or that will make you happy. Desire originates from the wavering mind. When the mind stops wavering, there is no more desire. If the desire gets fulfilled, you will become arrogant else you will become sorrowful. In both the cases, you will get ruined and get distanced from the Self. The Kingdom of Heaven is within your Heart. You must become the Master of it. You are reserving your berths and travelling to Hyderabad. Similarly reserve your berth while alive for the journey towards the Kingdom of Heaven after death. Mould your pattern of life accordingly. Lead your life in a manner that secures God's Grace and a place in the Kingdom of Heaven. You may not be able to reserve the berth for the journey towards the Kingdom of Heaven instantly after death. Hence make the berth reservation beforehand while alive.


At the time of death, the mind should not waver. It should remain steady. Other than the Lord, nothing else should be contemplated upon. Only then you will get liberated. It is possible if you contemplate upon the Lord or the Self from now onwards. Else it is not possible.


Discrimination and dispassion should not be given up in life. Both of them aid in securing Self Realization. While commencing any work, observe whether it is permissible or forbidden and to what extent that task will aid in securing Self Realization. Practice dispassion also. Self Realization is not possible without dispassion.

 The Guru did not reform the disciple. Rather it is the disciple who has reformed the Guru. I have attained such a disciple. A devotee approached me and said that she is getting her eyes operated. I asked her the amount required for the operation. She said it would cost 3000Rs. I gave her 3000Rs and having received it she left. By the time she reached home, her daughter was waiting for her. When the devotee detailed her daughter about the money given by me, the daughter chided her saying: 'Are you not shameless in accepting that money? Nannagaru has helped us several times in the past. It was necessary then. But now our situation has improved and we have sufficient money. Still you have gone to him and asked for money out of your old habit. You can ask Him when there is severe necessity. Asking Him when not necessary is a luxury. Had you not asked for money, Nannagaru would have given this money to someone else who really needed it. So go to Nannagaru instantly and return back the money. If required, retain 500Rs as acceptance of Nannagaru's Grace. Return back the remaining 2500Rs. I was not at home when the devotee came. She narrated the entire story to my family members and returned back the money. I then felt: 'Here is the disciple who has reformed the Guru. We usually purchase all the unnecessary things and guard them. Rather than wasting the time in this manner, it is better to sit in front of God's portrait and meditate upon Him. The mind then gets introverted. Don't enhance your necessities merely because you have money in hand. Don't become arrogant on possessing everything. In spite of possessing everything remain humble.

 A devotee asked Bhagavan: "Can a disciple secure Self Realization effortlessly in the presence of the Guru through the Guru's silence?"

Bhagavan replied: “The tendencies get subsided in the presence of the Mahatmas. The mind becomes pure and steady. Jnani’s state is the mindless state. Little efforts are made by the Jiva. The power doesn’t belong to Jiva. The entire power belongs to the Lord. In order to merge the Jiva within Him, a helping wave should come from His end. In the presence of Maharishis, your mind not only gets purified and becomes steady but also secures the Samadhi state. In the state of Samadhi, the differentiating faculty of ‘I’ and ‘You’ is lost. Then Self Realization is secured. Samadhi state is not attained unless there is a sufficient foundation.”

 Sri Ramakrishna said: “I am going back to the state of Samadhi. Whatever I have experienced in the Samadhi state, I am trying to tell it by descending down to your state. Though I don’t like descending down, I am doing it for your sake”. If you are helping anyone, you are helping yourself. If you are harming anyone, you are harming yourselves. You will not understand it now. You will understand it only after securing Self Realization.

 God must be Gracious enough to accept us into His lap. It is not possible through external spiritual practices. God must be Gracious enough. Whether you speak a word or do a deed, it must be done to secure God’s Love. God’s Love has to be secured. It is not possible without devotion towards God. It is not sufficient if the thoughts and tendencies get subsided. They must be completely destroyed. The mind must get annihilated. In the presence of Mahatmas, not only the Samadhi state is attained but the direct experience of Self Realization is also secured.

- 🌸 If a desire gets fulfilled, it will bring several desires along with it. This is natural. The Lord said: “There is none in this Universe who has attained the desire less state while fulfilling the desires. Honour-dishonour, happiness-sorrow, birth-death, profit-loss etc are all dualities. If you learn to forbear them, you will secure the advaitic state in the midst of these dualities. Everything is possible for Guru.

- 🌸 Sometimes you may blame the Guru. But the Guru remains unperturbed in the midst of all these tussles. It is because the Guru’s state is a flawless state. Therefore He remains unperturbed. When your body dies, the relationship with the Guru doesn’t come to an end but still continues. The Guru keeps chasing throughout several births until you secure His state. Sometimes you may get flooded with unworldly Bliss which you may not be able to tolerate. You will realize that it is neither due to your spiritual practices nor due to your intelligence but due to Guru’s Grace.

- 🌸 All the human relations are 100% driven by selfishness. The relation with that of God alone has no selfishness. The relationship with God alone represents the true love. Therefore rather than ruining the mind with petty tussles, if your work is centered towards securing Self Realization, the Lord bestows you with Self Realization since everything is possible to His Grace. Until Self Realization is secured, the mind keeps rotating around the sensory objects. Having experienced the Self related Bliss, it won’t get diverted towards sensory objects. If you have secured Self Realization, there is no shadow that can attract you not only in this planet but also in the other worlds.