





# Ramana Bhaskara




Speech delivered in Bhimavaram,  
dated 17-12-07.


 Increase your devotion in the last days of your life. After 1 O'clock (afternoon), the sun traverses towards west in order to set down. It is the same even with your life ie once you cross the age of 50, your death will be fast approaching. Not that you shouldn't have devotion prior to the age of 50. It implies that atleast after 50 years of life, you should inculcate and cultivate devotion. Cultivating devotion is not as easy as eating an idly or eating some rice and cannot be attained in a single day. By being in the Holy Company, visiting a nearby temple atleast for 10 mins, reading the useful books and without craving for name and fame one should gradually increase the tendency to perform spiritual practices. Devotion cannot be attained through fame or wealth. Cautiously give up the Non Self and meditate upon the Self and thereby decrease your identification with the Non Self and progress towards Self Realization atleast in the last days of your life.


 Sri Ramakrishna Paramahansa suddenly went into Samadhi while preaching. He was always accompanied by a retired head master called Mahendranath Gupta. Once Sri Ramakrishna asked him: "What shall I preach you Gupta? I forget that I possess a body. How shall I preach you when I forget my body? Mahendranath! Do you observe any ego existing within me?" Mahendranath replied: "I cannot say that you are 100% egoless. I observe that you possess a little ego. You are an incarnation of God. If you want to get rid of the ego, you can do so but you have retained it only in order to preach. Sri Ramakrishna again said: "Mahendranath Gupta! You declare that a little ego exists within me. It is true. But I haven't retained it. It is God who has retained it. Had He not done this, I won't be able to preach. Without this little ego, you will

not be able to see the preacher. You say that I have retained the ego. Why should I bother about it? It is God who has retained it. He has conquered me so that I can preach.”

 The Lord said in the Gita: “The next birth is decided according to the thought possessed during the last breath. Therefore it is the testing period. The thought which you are contemplating upon during the last breath is what decides the next birth. There is a story of a devotee called Ajamila in the Bhagavata. Though he wasn’t a great devotee, He named his son as Narayana. He was bed ridden in his last days of life. When he needed anything, He shouted: “Narayana, Narayana.” This is the reason why children are named after God. He uttered ‘Narayana, Narayana’ even at the time of death and thus finally attained higher worlds. There was a Mahatma called Jada Bharata, who did Japa and meditation throughout his life. He performed very severe austerities throughout the year. The number of days that he fasted was more when compared to the number of days that he ate. However during his last days, he saw a lame deer. Once he caressed it and protected its life. The lame deer possessed a child. Jada Bharata performed his penance as well as fed the deer. However at the time of death, he couldn’t stop thinking about them. He thought: “Who will look after the deer after my death?” Thus He contemplated upon the deer rather than contemplating upon Lord Narayana at the time of death. He thus became attached to the deer. Therefore it took him two more births to attain liberation due to his attachment to the deer during his last days. You must get prepared internally during the last days of life. Though you might have performed severe penance throughout your life, if


tendencies roar out at the time of death, you will get rebirth accordingly. Therefore be careful about the thoughts that you get.


 God is Universal Consciousness. He exists within my Heart, your Heart and pervades the entire Universe. Without being related to body, mind and attributes, the Supreme Consciousness that exists within everyone's Heart is referred to as Universal Consciousness. God exists within you. As long as you feel that you are separate from him, you feel like asking him for something or the other. When God reveals Himself as the Self, the separateness gets annihilated and the Immortal state is attained. God looks at your Heart (intention), spiritual practices and tendencies and not your words. You should learn one thing. All the family members will not die on the same day. They pass away on the arrival of appropriate time. Meanwhile, you should prepare yourselves not to become sorrowful when they expire.

 'I' is a thought as well as 'mine' is also a thought. As long as both these thoughts continue to exist, taking birth becomes inevitable and there is no chance of escaping the vicious cycle of birth and death. All the other thoughts originate from these two thoughts only. Others need not bind you to a pillar using chains. The 'i' thought emerges first. As soon as it emerges, it binds you to the body. Later the 'mine' thought arises. It binds you with your relatives pertaining to your body. As long as both these thoughts exist, whether you go to the heaven or hell, the vicious circle of birth and death becomes inevitable. There is no compromise in it. I cannot deceive you all by stating that one can attain the bliss of Nirvana without getting rid of these two thoughts.

- ❁ Each of your family members may have different attributes. If you learn to look at the indwelling God within them without looking at their name and form, they seem to be very much alive even after their death (ie you will not miss their presence after their death).
- ❁ The family members emerge according to the body's destiny. It is God who allocates them. God alone is true Purusha. Purusha here doesn't imply man. The indwelling God within body (Pura) is referred to as Purusha.
- ❁ The Lord said in the Gita: "Don't get identified with your family members. Each of them may have different attributes. Perform your duty towards them. Give your Heart to Me. Love Me. Chant my name. It is Me who will liberate you. Though you may not like the work prescribed by Me, perform it willingly. Respect Me. As you keep doing this, your affection for your family members reduces gradually and the fondness towards Me keeps increasing. As this fondness towards Me keeps increasing, you will attain purity as well as concentration of mind over a period of time and thereby attain Self Realization. The Truth within My Heart exists within your Heart too. As you love Me, I will awaken you into the Truth within your Heart on that pretext. It then becomes your final birth." Why is God asking us to Love Him? The reason being: If you reduce the external attractions and enhance your Love for God, you can quickly attain the Truth within the Heart. Therefore the Lord declares: 'Love Me'.
- ❁ Referring to His body, the Lord said in the Gita: "The Truth within your Heart has taken a form in order to preach. It has not emerged to

experience the destiny pertaining to body. Your past karma is safely deposited in Divine bank and you experience the fruit of those actions now. Currently the actions that you perform get deposited in the Divine bank, the fruit of which will be borne in the forthcoming birth. But I don't have any karma in the Divine bank to bear fruit. I don't have anything else to be attained by performing work in this world. One has to attain that which is not already possessed but I have nothing else to attain in this world." Still God keeps working. It is because the Lord is all inclusive. How can He be deficient of anything when He is all inclusive? However He still works only for the benefit of the world and to drive the mankind towards liberation.

 God alone exists. There is nothing apart from Him. Nothing happens without His knowledge. Whatever happens is by His will. Man proposes but God disposes. However, as long as you possess the 'i' and 'mine' thoughts, how many ever times you may be told, you will neither understand this nor get clarity in the thinking faculty.

 Remember one thing: Irrespective of your preceptor, whatever may be the path you traverse, the religion that you follow, the selfless work that you carry on, the pilgrimages that you do and the spiritual practices you perform, their only purpose is the reduction of the 'i' and 'mine' thoughts. If the 'i' thought arises, it identifies itself with the body. It identifies itself with a particular name or form or profession or position that is Non Self. Thus getting identified with the Non Self, without being aware of the Self, crores of births pass by for you. Guru is the one who takes you to your true home. Suppose someone takes you into a dense forest where you lose the path and cannot reach back

home, then someone has to direct you back into the correct path. Ignorance has thrown us into a dense darkness. One who drags us out of the deep rooted ignorance and enables us to reach the true home is referred to as Guru.

🌸 If God's Grace wants to liberate you, it approaches like a tsunami. The Supreme Consciousness has to advent like a tsunami, shower its Grace and awaken you into the Truth within the Heart. You may perform 90 (several) types of spiritual practices or 90 kinds of japas. But all of them are futile when compared to the Divine Grace. If the Divine Grace adverts like a tsunami and conquers you within a second, it drives you from ignorance towards Knowledge and from the false towards the Truth within a fraction of second.

🌸 Don't possess negative thinking. Talk Positively. Think Positively. Your entire way of living should be positive. It is only true sadhana (spiritual practice).

🌸 After the body's death, the relationship with the relatives, friends, enemies and the entire surroundings is lost. Except with the Guru, the relationship with everyone else is lost completely. Guru refers to the Supreme Self. You are the Self (Thou art that). Therefore Guru keeps chasing you in each and every birth till you get that acceptance. Though He has nothing to attain, He still talks to you, travels with you and drives your mind into the cave of Heart even without your knowledge. Such is the power of Guru.



🌸 A devotee asked Bhagavan Ramana: “In spite of praying God, contemplating upon Him and chanting His name, I am not yet contented. What is the reason behind it?” Bhagavan replied: “Do you have the faith in the existence of the God upon whom you are contemplating? Why do you involve yourselves in such a vain talk? You must possess a staunch faith in the existence of God. The Lord declared in the Gita: “How much ever sinful or impious one may seem to be, if he has a living faith in the existence of God, he will get liberated quicker than those who perform severe austerities or those who construct the temples.” Though you declare with your mouth that God exists, in the heart of your hearts you feel that God doesn’t exist.


🌸 Recently a veterinary doctor told me: “I feel that animals are much better than men. Though you earn 100s of acres of land for their sake, they don’t possess that gratitude. However when we treat the animals of their disease, sometimes they express their gratitude with tears in their eyes. The gratitude possessed by animals is not possessed by men.”


🌸 Self is ever existent but it is invisible. As it is imperceptible, you presume it to be non-existent. That which is existent (Self), exists forever. You need not discover the same. Experiencing the ever existent Self as it is, is referred to as Jnana (Self Knowledge). Till then you cannot awaken from the ignorance into Knowledge in spite of taking birth for several times.


🌸 The Lord has prescribed the regulation pertaining to food as it helps in transcending the lust. The Holy Company has been prescribed as it aids




in the development of yearning to attain Jnana. The good words spoken out, the good deeds done, the good thoughts that you get will never go in vain. Though you may not get liberated immediately, all these will certainly aid the spiritual practices in the forthcoming births.


 Bhagavan Ramana said: “The dream seems to be short whereas the waking state seems to be long but the waking state is as false as the dream. Learn to attain the state of deep sleep in the waking state. You will attain Self Realization.”


 As long as you don't experience the Self (as it is), you cannot stop presuming the false to be true. Even after experiencing severe blows from the destiny, as long as the Self is not revealed, you cannot stop presuming the false to be true. You consider ignorance to be knowledge, the good to be bad and that which bestows disturbance as the one which bestows peace. In the end, all this ensues in disturbance. The mankind doesn't possess peace as long as God is revealed.

 When the river flows and ultimately merges in the ocean, it feels contented that its journey got completed. Similarly your journey doesn't end as long as you don't unite with the indwelling God existing within the Heart. Till then you should not become complacent that the goal has been reached.

 How much ever he may try, a person with ignorance can never understand the Self Knowledge. Suppose all of you seem to be doing good being surrounded by 100s of cars and possessing own aero-planes and forget God in that process, what you are going to attain is zero ie

insignificant. Suppose you don't have any of this wealth and undergo severe hardships that divert you towards God, it is much better when compared to possessing huge wealth. It is because God alone is permanent and all others are temporary. All the cars, aero-planes are equivalent to a dream.

 Sometimes the people whom you love intensely and for whose sake you dedicate your entire life may go against you. It is God who makes them do so. Perhaps the mind doesn't get introverted towards God until you get rebuked by them.

 Don't get worried if you get disturbed or face sorrow. Out of the sorrow that you experience, you may rebuke the Guru: "Has God abandoned me? Did my Guru abandon me? Where is my Guru in whom I have reposed my entire faith till date?" Even if the God, whom you adore, bestows you with sorrow temporarily, that disturbance and sorrow did not come to you without his knowledge. He is very much aware of them. He sends you the sorrow not to abandon you but to take you into His lap. Being unaware of this, you keep rebuking the Guru. Take the instance of an infant, which kicks with its feet as well as urinates when you take it into your lap. Will you throw down the infant because of this reason? Similarly even if you rebuke God, He won't abandon you. He will take you into His lap. Such is the compassion of God. The Guru doesn't merely preach you about Jnana (Self Realization) but bestows you with the same. The Guru is no different from Jnana. The Guru is no different from God. But it is very difficult to develop devotion for Guru. It is because He mingles with us and moves along with us.


🌸 Though you may not be very rich, you still have the basic amenities like the food to eat, shelter to live, clothes to wear etc., But why are you unable to lead a peaceful life? It is because there is no peace or happiness in this world. Until you get the experience of Brahman, the abode of Jnana and Peace, you cannot get rid of sorrow and disturbance in spite of taking birth for several times. The Supreme Peace exists within your Heart only.


🌸 The world is momentary. It is the abode of disturbance and sorrow. Though some things in the world may seem to provide you with happiness, all that happiness will get converted into sorrow on some day or the other. If you constantly contemplate upon God, all your sorrow will get converted into Peace. If you don't contemplate upon God but think about the sensory objects, all your happiness will get converted into sorrow. This is certain. Don't assimilate the external tussles into your mind. Leave them aside. The happiness and sorrow derived from the external world is an intolerable burden. The external tussles increase your ignorance and not the knowledge.


🌸 Don't get anxious. Your body is driven by the destiny. Don't mingle the mind with the body. Unite it with God. Try to drive the mind into that Supreme Consciousness and Spiritual Heart from where it originated. If the destiny brings you happiness or sorrow, consider it to be momentary. Buddha said: "When your body itself doesn't belong to you, how can anything else belong to you?"


🌸 If you want to remain peaceful, stop worrying as to what others think about you. If you are a bad person from other's perspective, don't care

them. Suppose anyone gets jealous of you, let them be so. Don't get disturbed. Observe your behavior towards them. If you consider such people to be bad, you will also gradually turn out to be bad.

 The Lord said in the Gita: "If you are angry with anyone, don't express the same when you face them rather express your love. Even if you are not willing to love them, do it as it has been prescribed by Me. Love them for my sake. As you are doing this much against your willingness, only for my sake, I will bestow you with the Supreme Knowledge. I am aware as to what is best for you. I will bestow you with Self Knowledge and release you from the vicious circle of birth and death. By not having hatred for such people, your mind will not get extroverted. You will stop remembering them and gradually start contemplating upon Me. As you start contemplating upon Me, I will bless you with the Supreme peace that doesn't belong to this world."

 Even if you presume yourselves to be the body, you are not the body. Even if you presume yourselves to be the mind, you are not the mind. You rotate around the Non Self (that which you are not) and ultimately die one day. Except the Guru, except God, no one else can liberate you. Look at the indwelling God within everyone. It is only the true sight. Everything thing else is false.

 Work only for the sake of attaining God's Grace. Any work done for satisfying the nature bound people will only increase your bondage.

 Even if you want to attain the Supreme Consciousness or the Supreme Lord, it is not possible. You seem to have attained Him but He is

unachievable and unobtainable. Even if you want to catch hold of Him, He keeps escaping. The Lord said: “Even those whose life is neither bitter nor sour but make it 100% sweet cannot get hold of Me until and unless I reveal Myself. If you are 99% sweet and only 1% bitter, there is no chance of attaining Me. When you are completely devoid of bitterness & sourness and become 100% sweet, I will reveal Myself out of Compassion. Hence you cannot attain Me with the aid of your intelligence.” If you try to catch hold of Lord through your effort, you seem to have attained Him but He keeps escaping. Though God resides within everyone, He does not reveal Himself to everyone. He reveals Himself to the chosen ones alone. The Indweller within the Heart transforms you from ignorance into knowledge within a fraction of second. It is a big surgery. However God doesn't need any knives or medicines or X-rays in order to perform surgery. God Himself is the doctor, the knife as well as the medicine. He is everything. How much ever effort you may put in, you cannot transcend the Non Self because it is the tendency that has been accompanying us since innumerable births. Since innumerable births you have been presuming the Non Self to be Self and the false to be Truth. You cannot overcome them with the aid of your intelligence. God performs the surgery and suddenly drives you from the false towards the Truth. He drags out the thought of death within you, burns it down into ashes and bestows you with the deathless state. The Supreme Consciousness drives you from ignorance towards knowledge and from death towards Immortality. You cannot reach ashore without the aid of Lord. You cannot even transcend a small habit or a small tendency with the aid of your intelligence. Nothing is possible without the Grace of God.


Govinda is not a foreigner. The Lord said: “I am the indwelling God within your Heart. I am your forgetfulness as well as your remembrance. I am the breath of your breath, the life of your life. Though I am the indweller, I am preaching you by assuming a form.” Sometimes you may feel that a particular task is impossible. But if you pray the Lord, He will make it possible. It is because nothing is impossible to God. The Lord has lifted the mountain Govardhana not for the sake of any name and fame but in order to help the mankind. Even you imitate the Lord in this regard. If you do anything good, do it only for the sake of Lord’s pleasure. Don’t do it for the sake of certain people or a particular religion or a particular caste. Do it only to gain the pleasure of the indwelling Lord. You will then transcend the ignorance.


Suppose the Lord has prescribed a particular task and your mind forbids the same, keep your mind aside and perform the task as prescribed by the Lord. By doing so the Lord will get pleased. You will then attain the purity of mind which will bring about Self Realization.

The Lord said: “Don’t get involved in any gossip. Talk about Me alone.” Therefore always converse about the birth, the glory, the Leelas and attributes of the Lord with the others and remain happy. Don’t get ready with your weeping faces. Don’t discuss about the attributes pertaining to nature for the sake of killing the time. By doing so, you will get rooted in the nature and thereby in dense darkness.


The Lord said in the Gita: “Oh! Arjuna, I am very fond of them who study the discourse between us, understand the same and share it with

others while enjoying the bliss. They are my inmates.” Speaking thus, the Lord felt that He has not done enough justice to such people. Therefore He further said: “Such people are not only my devotees, they are great Jnanis ie they are Myself and I am them. There is no difference between us. Salutations made to a great Jnani reach Me only. There is nothing equivalent to Jnana either in this world or in the other worlds. Therefore take refuge in a Guru in order to attain that Supreme state of Jnana.”

 The Lord, said: “Though you may perform yagnas, chant the mantras in the Vedas, do selfless work, perform any amount of pilgrimages etc, the ultimate goal of them is to reach Me alone. Don’t forget this.” While experiencing the Peace as narrated by the Lord, you become breathless. It is not equivalent to the peace that you experience when any of your desire gets fulfilled. It is the Supreme Peace not pertaining to this world. Though the death approaches you, you will not even feel the pain experienced on being bitten by an ant while experiencing that Peace. You won’t feel the pain of losing the body. Such is the glory of peace pertaining to God.

 If you get any happiness, realize that it gets blown away in the process of time. Similarly realize that any sorrow that you experience gets blown away in the process of time. What is that which exists forever being un-impacted by time, place and birth-death? It is God alone. Take refuge in His feet. Revere Him and adore Him. Have faith in Him. He will do whatever is good for you.



 Duryodhana didn't know Krishna to be God Himself whereas Bheeshma was aware of the same. Ganapati muni said: "People flocked to Bhagavan Ramana presuming that their desires will get fulfilled or visited Him only for the sake of visiting a Mahatma. But only three to four people recognized Him to be an incarnation of Lord Subrahmanya." When an incarnation descends down onto earth, not everyone can recognize His Divine nature. Those who don't understand the glory of Jnana, lack the tendency pertaining to God and are devoid of good heartedness cannot recognize an incarnation.