



# Ramana Bhaskara



Speech delivered in Ganapavaram,  
dated 28-8-07.

🌸 Good deeds cannot be performed by everyone. Only a few people can perform good deeds and help others. It needs the required power, capacity and boldness. Though you cannot perform good deeds, it is enough if you learn to honour such good doing people. But you are unable to honour such people. That is your plight. If you are able to honour good doing people, if you have reverence for them, God distributes you a portion of their merit. Suppose a person performs good deed and you take delight looking at it with your eyes and listening to it with your ears, God distributes you a portion of their merit even for such delight.

🌸 You have a physical body and when there is a body, the world comes into picture. Generally your life comprises of fulfilling the bodily needs and fulfilling the mental desires. This is the only task performed till the body reaches burial ground. No person can live without ego sense and body consciousness. Are you performing any spiritual practices to reduce them? No. Though you may have unlimited wealth, you cannot get rid of sorrow and disturbance as long as there is body consciousness. Though your situation seems to be sound, if your body consciousness is high, you will create the hell on your own. Every person is tortured by his body consciousness. Every person utters 'i', 'i'. This 'i' gets identified with a body. Compared to physical illness, a person is more tormented by his mental disturbance.

🌸 Even if you perform a good deed, it is done not for the sake of purity of mind or as an offering to God. You don't even remember that there is someone called God. If whatever you do is a selfless work, if you are able to work without any ego sense and without any expectation of

result, the ego sense should get annihilated. But it is not happening so. Contrarily it is increasing day by day.

🌸 The elders and Mahatmas prescribe us to transcend the delusion. It doesn't infer that you must abandon your house or world and run away somewhere else. Perform the God allocated task steadily, calmly, whole-heartedly without any pomp and show. Where ever you go, the society, the five elements and likes-dislikes also exist. Both the good and bad prevail in the society. Even bad people are needed in the society. Without them, the goodness of the good people cannot enhance. Without a Ravana, Rama's greatness is not revealed out.

🌸 Mind is the cause of your bondage as well as liberation. Therefore reform the mind. You must not listen to your mind but your mind must listen to you. Whatever has been mentioned by Lord in the Gita is the authority. The reason being, it is the Truth. Hence introvert and have a keen vigilance whether your pattern of life is accordingly or not. By doing so, gradually the mind gets thinned and ultimately gets annihilated. You may have an apprehension that you may cease to exist upon the annihilation of mind. But remember, in deep sleep we are all blissful even without the mind.

🌸 In a cinema shooting all the lights are focused on the hero as well as the other actors so that they are properly visible. Similarly focus all your intelligence and power upon your habits and weaknesses. By doing so, you will understand their strength and the extent to which you are being agonized by them. Your mistake is that no effort is being made to transcend these habits. Toiling for the sake of artificial honours, you are

wasting your energies. If you are toiling for the sake of honour, then how can you secure Self Realization?

-  Lord Krishna has been described thus: 'Krishna's mouth is full of butter and Krishna's heart is full of Bliss'. Krishna's mouth is full of butter implies that whatever he speaks out is very sweet. When you speak something, it should generate peace and bliss. However contrarily, it generates disturbance and sorrow. It is because your mouth is not filled with sweet but filled with bitterness and poison. Bliss alone prevails in the heart of Lord Krishna. Therefore He distributed Bliss. As your heart is full of disturbance, you can distribute disturbance only.
-  You love yourselves intensely but hate others. Advaita means loving others in the same manner as you love yourself. You do not hate yourself. Similarly if you can refrain from hating others, you will attain advaitic experience and the Supremely Blissful state.
-  There is a Truth within your Heart. That Truth itself is Lord Narayana. It is only the Supreme God. He alone drives everybody according to their destiny. He alone is the Master of this Universe. You are unable to realize that unless you surrender yourselves to Him, the Supreme Peace and Bliss cannot be experienced.
-  As long as a person seems to be separate from you, fear is experienced when you look at each other. Desire, fear and disturbance originate from duality. They emerge from the feeling of separateness. It cannot be predicted how fat a clog is when seated in water. Only its upper portion can be seen and not the portion within the water. Similarly only

the peripheral and outermost portion of your mind is visible. The tussles deep within the mind are not visible. Looking at this outermost portion of your mind, you judge yourselves to be either good or bad. You are unable to perceive the tendencies and habits lying deep within. If a fort has to be conquered, it is not sufficient if you kill the four soldiers guarding the fort. The soldiers keep coming out of the fort. The king is seated somewhere inside the fort. Unless these soldiers as well as the king also get killed, the fort cannot be conquered. It is the same even with the mind. It is not sufficient if you get rid of the peripheral desires within the mind. The internal tendencies keep coming out. While performing spiritual practices, all the internal dirt keeps coming out. Unless the tendencies within the mind are completely annihilated, the mind cannot be destroyed.

 Kalidasa said in Raghuvamsa: 'All the possible attractions for your senses should be in front of you. Still the senses should remain unperturbed. Only then it can be inferred that the senses have been conquered'. Suppose the enjoyments are not in front of you but when you come across them you feel like enjoying, it is a dangerous situation. It has to be overcome at any cost.

 At the time of death, you are not accompanied by the thoughts that you desire. There are several thoughts within you. Whatever you like most, only that thought emerges at the time of death. The rebirth is decided according to this final thought. Even if you desire to take birth in Rameswaram or Ganapavaram after death, it is not possible. It cannot happen according to your wish. You are not independent here.

The Lord decides the next birth and next body according to your last thought.

 The human body is secured only due to the meritorious deeds of several births. The Lord said: 'There is a Truth within your Heart'. It is the authority and has to be trusted. There is no necessity for the Lord to utter lies. He doesn't need your votes and notes. He is everything. When everything is God, what else He needs? He needs nothing else. There is nothing that He desires from us. God has no desires to be fulfilled. Hence He became God.

 Leave about the things that you don't know. You are able to perceive the body and mind. Both of them have to be regulated. Good deeds have to be done through the body not for the sake of honour but in order to please the Lord. You need not reform the entire society. It is sufficient if you can help a single person. If your body falls sick, you go for a medical treatment. You don't consider it as a service to the society. However when you provide medical treatment to any other person who falls sick, you presume it to be a social service. This is a big delusion. When your body falls sick and you spend money for its medical treatment, why is it not considered as a social service? Why do you consider it to be a social service when it comes to medical treatment of others? It implies that you are unable to look upon the other bodies in the same manner as you treat your own body. Then enters the delusion. It implies that the duality has cropped in. This separateness is the root cause of all the disasters. As you spend money for the sake of your body, you don't consider it as favouring yourself. But when you spend money for the sake of others, you get the feeling

of having reformed someone. By thinking so, you may help others which is 10 paisa worth but get ruined internally which is 90 paisa worth. You may earn merit for this 10 paisa. However once the fruit of the merit is experienced, the merit gets exhausted. There is someone inside who thinks so. By thinking so, the purity of mind and God's Grace cannot be secured. If your good deed cannot beget happiness, if your good words spoken cannot bring in happiness, of what use are those words and deeds? Why at all are they needed? When you visit a temple and offer any money to God, you don't consider it as a charity. But when the same money is given to others, you consider it as a charity. It means you are unable to view God in others. Money offered to Lord is considered as worship whereas money given to others is considered as a favour. If this is also considered to be worship, God's Grace can be secured.

- 🌸 God inside the temple exists as the indweller too. The internal God is no different from the external God. Only one God exists. As you earn money, power and honour, if you can similarly earn God's Grace also, God will decorate you with liberation even without being asked.
- 🌸 Work for the fulfillment of your bodily needs. Utilize the remnant time and money for the benefit of others. Don't do anything for the sake fame. It is good to have a well dug out. Do it where ever there is a scarcity of water and not near the banks of Ganges where abundant water is available. Whatever may be the work, do it calmly and peacefully. As you desire your own welfare, desire the welfare of others too and work accordingly. But don't work in expectation of being praised. By doing so, you may be accompanied by thousands of people

till the burial ground but the life after death becomes a big zero. You will be sent to the hell after death. If you then raise the question: 'I have been accompanied by thousands of people till the burial ground. Why am I being sent to the hell?', you will be told: ' You have been working only for the sake of fame. Therefore you have been accompanied by thousands of people till the burial ground. That merit got exhausted now. Hence now you have to go to the hell'.

- 🌸 Who do you desire - the world or God? The world doesn't bestow you with liberation. It is God who bestows you with liberation.
- 🌸 Jesus said: 'Your right hand's work should remain unknown to your left hand'.
- 🌸 The Lord said in the Gita: 'Make effort to get rid of the following three-desire, anger and fear'. He also said: 'Don't give up the following three till your last breathe - Sacrifice (yagna), charity (daana) and penance (tapas)'.
- 🌸 Any work done selflessly is equivalent to a yagna. Keeping aside the body and mind, work done for the sake of work is considered as yagna. Work done for the sake of fame and honour is not considered as yagna.
- 🌸 People state that they like a particular thing or dislike a particular thing. Remember that whatever attracts you in this world and whatever increases your attachment, all of them bring in sorrow.

🌸 The Upanishads have stated thus about charity: 'If you want to donate 10 Rs to someone, don't call them to your house. Rather you go to their house. Give them with due reverence and love doubting whether they are going to accept it or not? Only then it becomes charity. Mechanically donating a bag full of rice doesn't constitute charity'. You don't even know the mode of making charity. If you give them unwillingly, how can that donation make the recipient happy?

🌸 Penance doesn't infer giving up food. Be careful regarding your food habits. Regulate your food habits. Talk as much as it is needed ie don't speak out unnecessary things. Don't give up that which is necessary. Gandhiji has described the behavior of some people. He said: 'There are some people who don't know when and where a particular task has to be done or a particular thing has to be spoken about. They perform the task or speak out in a place or time that is forbidden'. As you are speaking out Truth, don't talk as you wish. Speak out lovingly and in a manner that benefits others. Excessive sleep is forbidden. If you sleep excessively, the time available for performing spiritual practices gets reduced.

🌸 Everyone is tormented by body consciousness. On being praised, you get flattered and on being rebuked, you get depressed. Body consciousness is the root cause of all this. When you lack body consciousness, it doesn't matter whether you come across the enemies or well wishers while traversing on road. Your mind doesn't get perturbed. It is called as penance. Therefore perform the tasks that reduce your body consciousness and speak out those words that

reduce the body consciousness. Anything done for the annihilation of the mind is all part and parcel of penance.

🌸 Though Self Realization is secured while being alive, don't give up the following three: 'Yagna, Daana and Tapas'. A question may arise: 'What is the necessity of practicing them when Self Realization is secured?' You may not need them but you have to practice them to set an ideal for others.

🌸 There is a saying: 'Krishna's mouth is full of butter, Krishna's heart is full of Bliss and Krishna's hands are always engrossed in work'. Krishna is the Lord. He is the Lord of Lords. Gopikas followed Lord Krishna. They hugged Lord Krishna. But remember that it is not something related to physical body. Understand this very well: The Truth that prevailed in the heart of Gopikas, the sweetness that existed in the heart of Gopikas assumed a physical body in the form of Lord Krishna. Hence they enjoyed that Truth. In fact they enjoyed themselves. All the Gopikas are rishis. Those who realize this Truth are blessed indeed.

🌸 If Krishna has narrated Bhagavad Gita, He did it in the state of Samadhi. He narrated it as the Supreme Lord. If Vyasa has written Bhagavata, He has done it in a state of Samadhi which is beyond the senses and mind. It is the language of Samadhi. It is the Divine language. Those who understand that it is a language incomprehensible to the words and mind are blessed indeed. In this language of Samadhi, when they became ecstatic as a result of Peace and Bliss enjoyed and vomited out a portion of it, you are experiencing them. Their Heart is full of Bliss. As they enjoyed the Peace and Bliss and when that Peace and Bliss sprang

out of their senses and mind, you are experiencing them. Your heads are too small. You don't know what is going to happen in an hour. You don't know what exists beyond that wall. How dare you criticize the Supreme Lord or Bhagavad Gita or Bhagavata?

 Remember one more thing: Work as long as the physical body is healthy. Even if there is no more domestic work left to be done at home, don't ever allow the mind to remain idle. Chant the Lord's name of your liking. Do meditation or read Holy books or remain in the Holy Company of saints. Do any of these things but don't keep the mind idle. Whenever the mind is idle, it gives rise to lust. Compared to a hard working person, an idle person becomes easily susceptible to irritation, vexation and anger. If the mind remains idle, it leads towards unnecessary detrimental thoughts. Hence always fill your mind with the thoughts pertaining to the Divine.

 Those who have narrated Bhagavad Gita and Bhagavata are no ordinary people like us. Remember that it is the Supreme Lord who has narrated them. If your mind is conflicting with that of Gita's preaching, then put aside your mind, understand that the Lord's words are for your benefit and try to accept them. Abide by the words of the Lord. Leading your life according to His words is only termed as penance.

 A devotee asked: 'We have to understand the Lord's words first. You state that the Lord has narrated the Gita in the state of Samadhi. As we are egoistic how can we understand the Lord's words? Without understanding them, how can we try to put them into practice?' The Lord knew beforehand that your dirty thinking faculty cannot

understand His words and you will certainly pose such questions. Hence He has answered this question in the Gita itself. Therefore the Lord said: 'Whether or not you understand My words, give up the tasks forbidden by Me, though you like them utmost. Keep aside your likes and dislikes. Your worldly loves bring in sorrow. Divert them towards Me. When you chant My name, meditate upon Me and perform the tasks that I like utmost, I will bestow you with the required thinking faculty needed to understand My words'. Don't consider God to be an ordinary person like us. Learn to acknowledge the Lord's Divine attributes and glory.

-  Good deeds beget good mind and a person with a good mind secures Self Realization. Liberation is secured by the one who has attained Self Realization. Hence good deeds lead towards good mind; good mind leads towards Self Realization and Self Realization leads towards liberation. While performing good deeds, you may get patted by others. But leave them aside. Don't divert your face towards them. Work for the sake of work. By doing so, you will get a good mind which in turn brings in Jnana.
-  Whether you are praised or rebuked by others, don't give up your equipoise in any circumstances. As you love yourself, love others also in the same manner. You don't hate yourself. Similarly don't hate others.
-  Fulfilling the physical body's needs, fulfilling the mental desires, going and sitting at a place where the ego gets its fodder, craving for the false prestige and honour- this is what everyone does and ruin their lives accordingly. Your face doesn't turn towards Lord. No one makes effort

to secure God's Grace. They only state: 'We are doing good deeds. Hence will get higher births'. Who will get those higher births? It is the ego. The mind doesn't get introverted. Not the higher births but God's Grace has to be secured. When you get His Grace, He fills you with permanent Bliss and Peace. In order to earn His Grace, you must regulate yourself and discipline the mind. Don't develop enmity towards the mind. Befriending the mind, convincing the mind that the Lord is within the Heart and diverting it towards the Lord is termed as Yoga. When you ensure that the mind tastes God related Bliss and happiness, it gradually traverses towards Heart and gets merged into it. When the mind is lost, you don't lose your entity. The Self (that which you are) gets revealed. A person may adopt different modes of earning money. Similarly explore all the possible opportunities (say whether it is Karma yoga or Bhakti yoga) to make effort in order to secure God's Grace. Everything is possible by securing God's Grace. God is asking us. See how sweet it looks: 'You may have likes or dislikes. Put them aside. Whatever I like, make it your liking. That is enough. You will get reformed'.