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Speech delivered in Tadinada,
dated 26-01-06.

- Any work done for the sake of other's well being is equivalent to a yagna. Whether you talk or work for the sake of others or mentally desire other's well being, it is all equivalent to a yagna.

- Whether you get good thoughts or bad thoughts or desires, all of them emerge from the body bound 'i'. There are two 'i's within you- the dying 'i' and the non dying 'I'. At the time of body's death, you presume as if you are going to die. It implies that this 'i' has the faculty of presuming itself to be the body. Therefore it is referred to as the body bound 'i', the dying 'i' and the false 'i'. As long as this dying 'i' exists within us, the birth and death become inevitable. As the false 'i' identifies itself with the body, it considers that it is going to die at the time of body's death. There is an undying 'I' within your Heart. It is deathless. It doesn't possess body. Death comes when the body exists. Without body, how can there be any death? It is the true 'I'. It is only referred to as the Self, the Supreme Consciousness and God. As long as the deathless 'I' is experienced, the birth-death, worldliness, likes-dislikes become inevitable. The undying 'I' is revealed to only those who overcome the dying 'i'. If you make attempt to overcome the false 'i', it is a sign of traversing in the path of liberation. Liberation is attained only by them who traverse in the path of liberation and not by those who don't tread that path. Observe whether you are in that path or not.

- All the scriptures have prescribed the following two: sense control and self control. However they cannot be attained so easily. You cannot attain sense control and self control until and unless you show the same degree of enjoyment in the effort to attain them as you rejoice

drinking porridge. If the effort is done unwillingly, the senses and mind cannot be controlled. Regulation of food brings about sense control and self control. Self study has to be done willingly. Read the words of a Rishi carefully and work whole-heartedly. Then the liberation is attained. Therefore work whole-heartedly making it an offering to God.

 Good luck- bad luck, happiness -sorrow arise due to destiny (fruit of deeds done in past births). All of them are false. All of them represent thoughts. Therefore don't become anxious due to them. They are useless to a spiritual aspirant. Maintain your equipoise. Accept whatever happens as the Lord's Blessing. Nothing happens without God's Knowledge. Thoughts, likes-dislikes are all pertaining to the false 'I'. All of them arise to the false 'I'. Irrespective of whether you possess wealth comprising 1000s of crores or suffer due to lack of finance, it is all false when viewed from the perspective of Supreme Consciousness. Don't get tensed. All these affairs are but false.

 Your thinking faculty is ruined. Had you contemplated upon the Lord and performed good deeds in the previous births, you would have attained good thinking faculty.

 As you salute the Lord and the Guru, salute the good deeds too. If not today, on some day or the other, the thinking faculty of a person performing good deeds is diverted towards God. It is not so in case of a person performing bad deeds.

- 🌸 Body is the basis of all your thoughts. It will not harm if you presume the entire world to be yourself. If you presume yourself to be body, the 'I' that is restricted to the body will cause harm.
- 🌸 Those who take care of their parents become beneficial to the society atleast to some extent. Without taking care of the parents, how can you love the society or the country?
- 🌸 Living faith in the Existence of God will subside the mind effortlessly.
- 🌸 Sri Ramakrishna narrated about two types of Siddhas: Sadhana Siddhas and Kripa Siddhas. Some people toil hard and attain liberation through spiritual practices. They are referred to as Sadhana Siddhas. Some people attain Self Knowledge through the Grace of God. They are referred to as Kripa Siddhas. You presume the world to be true and God to be false. However Kripa Siddhas presume the world to be false and God alone to be true. They resemble us in all aspects. They even mingle with us but presume everything else to be false (except God). Whether you praise them or rebuke them, they consider it to be false. They don't make an exclusive effort to attain liberation. Observing them presuming God alone to be true and the world to be false, the Lord bestows them with liberation without any spiritual effort. Bhagavan Ramana belongs to such a category of Kripa Siddhas. Even we are devotees but we don't consider God to be as true as this world. Some people don't desire any honour. They remain peaceful, soft, simple and flawless. They consider the world to be false. As they don't believe in the existence of the world, they don't expect the world to praise them. They attain liberation by the Grace of God. You belong to neither of the

categories. You neither perform any spiritual practices nor have complete faith in the Lord.

 Acharya said: “The body comprises of bones, blood, meat, filth etc. The mind comprises of desire, anger, frustration etc., the body is an abode of bones. The mind is full of shit. Are you comparing the indwelling Purusha with this shit of body and mind? How impiety it is. Is there any other ungodliness other than this?”

 There is a Truth within the Heart. Bhagavan was not aware that it is deathless. Suddenly the death approached Him and the body died. Bhagavan felt: ‘I should have died but how is it that I am still alive?’ The Lord made him jump from the false ‘i’ (that identifies itself with the body) into the true ‘I’. The body bound ‘i’ was lost and the bodiless & deathless ‘I’ got revealed. He became Guru. He became God. Everything finished within 10 minutes. How was it possible? It was because He was completely matured and attained the required eligibility. God bestowed His Grace. He is only the Kripa Siddha.

 When the true ‘I’ comes into experience, whatever a person does is equivalent to non doing. It is because there is no doer-ship there. When the radio sings, even if you break the radio, the singer will not be visible. The song comes from some other place. Similarly the person who experiences the true ‘I’, does whatever God makes Him do. The ego is not visible there. Whatever a Jnani does is for the sake of others. If Sri Ramakrishna Paramahansa possessed a Laddu or any other sweet, He would call Swami Vivekananda and feed him with his own hands. When asked for the reason, Sri Ramakrishna replied: ‘It is not for my

sake. It is because many people would benefit from Him (Swami Vivekananda) in future.’ Some devotee sitting there again asked: ‘Is it similar to the parental love?’ Sri Ramakrishna retorted: ‘What did you say? Parents possess selfishness. Am I feeding him out of selfishness? How dare you compare me with parents?’ Sri Ramakrishna was a Realized soul (Siddha Purusha). What is the need for Vivekananda to reform him?

While performing spiritual practices, you may sometimes experience Peace or your desires may get fulfilled or you may attain certain powers and siddhis. Don't stop there. You must travel further deep. The mind must reach those depths of the Heart where the Self resides. Until the Supreme Consciousness is experienced, you must traverse within. It is not revealed due to your effort but is revealed only out of Grace.

When a devotee asked Bhagavan: ‘I sometimes experience fear while performing spiritual practices’, Bhagavan replied: ‘Let it come. Why are you afraid? Don't become anxious. Fear comes only to the ‘i’ that will die. The seer, seen and the process of seeing- all the three should vanish. The seer is ego, the seen is the world and the process of seeing is action. Unless all the three get annihilated, the Self will not be revealed. The fear is experienced only when you see others apart from you. Fear arises when there is duality. When the duality is lost, there is no more fear. Question as to who gets this fear? You imagine something and become afraid. When your entire burden is placed on God, what is there to fear about? Fear begets disturbance. You cannot sleep in the night. The memory gets reduced. Desire, anger and fear emerge from the thought of ‘I am the body’. If you don't have the body,

why are you bothered about likes or dislikes? Your only mistake is that you get identified with the Non Self ie body, money and education. Due to the identification with the Non Self, you attain sorrow while alive and the darker worlds after death.'

 Fear is the meanest thing in the world. How many people you fear about in this world! As the fear increases, the dying 'i' will also increase. Which 'i' is experiencing this fear? If you question, who this 'i' is, it will travel inwards. Fear is also a thought. 'I am the body' is also a thought. It is the first thought. This first thought gets another thought. By withdrawing this first thought inwards, even the fear will be lost. The body will not experience the fear. The faculty of 'I am the body' experiences the fear. But you are not that. If you get released from it, there is no more fear. Until the deathless Self is experienced, fear keeps arising in some form or the other. As long as the rope is visible as snake, fear arises in some form or the other. When you realize that it is not the snake but a rope only, there is no more fear. The Brahman only is visible as the world. When such Brahman is revealed to you, the world will not be visible anymore. Everything seems to be Brahman then. You are that Brahman. Fear arises when there is duality. But why do you fear looking at yourself?

 Previously a devotee lived for a 100 years. Lord Brahma asked him: 'I will extend your life span for a 100 more years. Will you accept it?' The devotee replied: 'I will accept it, if given.' Then Lord Brahma asked him: 'What will you do in those 100 years?' The devotee replied: "I have been doing penance. My body consciousness is not yet lost. Stead fast devotion for God has not been achieved yet. I have been doing effort

from my end but 100 years have been completed within no time. You are ready to grant me a 100 more years. If you grant me, I will not reject it. I will accept it because my body consciousness is not yet lost. I will increase my spiritual practices, enhance my devotion for God and make effort to merge within God.” If God extends your life span for a 100 more years, you will utilize that time in increasing your honour and wealth. Thus the entire life gets wasted. Ultimately it results in a big zero (the life becomes valueless).

 The donors should not donate for the sake of honour. They should do it only to please the Lord. Most of the people donate only for the sake of honour. If you ask them for a donation in the midst of 10 people, they will give the donation but when asked in seclusion, they will not give so. Moreover they will rebuke and send back. The Lord said: ‘It is not donation. It is Karma (destiny).’ Once a rich man was seated near Sri Ramakrishna. A poor man also was sitting beside him. Sri Ramakrishna asked the rich man: “Take out a rupee from your pocket and give it to that poor man.” The rich man abided but asked for the reason. Sri Ramakrishna replied: “I have asked so that your earnings will get converted into a yagna. You will get purified and become blessed thereby. Not that the poor man will get reformed by your rupee. Can his family run with your single rupee?”

 Phalkiwala was a great lawyer who earned a lot of money. He utilized all that money for the sake of society. However he got bed ridden in his last days. All the relatives and friends who came to see, praised him saying: ‘Sir, you have earned a lot of money and done many benevolent deeds.’ Phalkiwala silenced them stating: ‘I am not bothered about my

education gained or the wealth earned or the benevolent deeds done. I am right now making effort to merge within God. Currently I need the Lord's name and form. Now I am totally engaged in that process. You are causing me harm by reminding me of those which I would like to forget. Don't create bondage for me by reminding me the unnecessary things.' He used to request them with folded hands stating: 'When I am trying to merge within God, why do you remind me of unnecessary tussles? Will my wealth protect me? Will my education protect me? The Lord alone can protect me.' It is a very natural custom of the world to consider the very purpose of education to be stomach feeding and money earning. Education is not merely for the sake of stomach feeding. Phalkiwala intended: Only that can be termed as a true education which not only feeds the stomach but also purifies you. Can that be termed as education which feeds the stomach alone without bestowing purification? It should beget both the purification as well as concentration of mind. Phalkiwala has earned money, transcended it and also given it up. Such is his glory.

 Once 4-5 people were seated near Sri Ramakrishna. Naren came there. He had a doubt: 'Does God exist or not?' One of the devotees said: 'Krishna has narrated the Bhagavad Gita as the Supreme Lord.' Then Naren questioned back: 'How can you say that Krishna is God? How can it be proved that the Gita was narrated by Krishna?' Sri Ramakrishna felt: 'I thought that Naren will reform the world. Why are such bad words originating from his mouth? He is likely to destroy my faith in myself as well as my faith in the Lord. Thinking thus, Sri Ramakrishna proceeded towards the Kali temple. Mother Kali said: 'Don't get

anxious. Naren will change gradually. Great deeds will be done through him as you have intended.'

 Once Swami Ramakrishnananda brought 400 Rs and gave it to Swami Vivekananda in Calcutta. Swami Vivekananda said: 'I am aware how much you are toiling hard for the progress of the Madras Math. In addition to it, why do you want to give me this 400 Rs?' Stating thus, Swami Vivekananda was about to return back the money. But Swami Ramakrishnananda was not willing to take back the money. Then Swami Vivekananda handed over the money to one of his disciples and said: 'I am not willing to utilize it for my personal purpose and Swami Ramakrishnananda is not willing to accept it back. So safeguard this money. After my death hand it over to the family members of Swami Ramakrishnananda mentioning that Swamiji (Vivekananda) has given it.'" Referring to Swami Vivekananda, someone said: 'How could He possess such an abundant Love in this little human heart?'

 If all the tasks get fulfilled, don't consider all this to be true and get identified with the world. Unless the duality is destroyed, anger, disease, hatred become inevitable. Don't care any of these tussles. Don't stop the journey until the Immortal state within is experienced.

 Phalkiwala said: "I have become old. The life has taught me several lessons. The world is getting distanced and the burial ground is calling me near. The evening of life has approached. The Lord has mentioned about the paths of Bhakti, Karma, Jnana and Dhyana. My most favorite path, the path that makes me happy and the safest path is the path of

devotion. Of all the paths, the path of devotion seems to be very easy to traverse.”

- ❖ Even if all the tasks get completed within your dream, all of them are false once you wake up. It is the same even with the life. Suppose you get a dream of eating 10 types of curries but you have nothing to eat after waking up, will you think: ‘I ate very well in the dream. Hence I need not eat now’? No. Similarly however glorious your external life might seem to be, if you don’t have the required spiritual strength, you will become ineligible to attain the Turiya.
- ❖ If your days pass on happily, don’t stop there. All these are not true. Every person lives only for the sake of satisfying his ego. Then how can they lose their ego? Jesus said: ‘The Kingdom of Heaven is for them who give up themselves.’
- ❖ Jesus said: ‘Love the sheep that have lost their path. Don’t abandon them. Tell them the good words that you know and aid them in getting reformed.’ Leave aside Loving those who lost their path, it is enough if you don’t disturb them who are doing well.
- ❖ There is one bad thing about Jiva: When asked to get the knowledge of external things, it will reach America. When asked to ‘know thyself’, it cannot do. The Jiva will not have any more Existence if it understands its origin. As the Jiva is well aware of this fact, it will not make effort in that direction. In each and every birth, the Jiva gets externalized and compiles the dust on the road. Presuming it be an honour, the Jiva gets satisfied and dies in the process of time. This is what all of us do.

🌸 Once Lord Shiva told Parvathi: “By doing so and so act, you will get so and so merit.” Then Parvathi asked: “All this is fine but how is liberation attained?’ Then Shiva replied: “Liberation is not attained by performing certain task. Hence I am not mentioning about it.” Then Parvathi asked again: “Then what is the way out to attain liberation?” Lord Shiva replied: “There is only one way and that is being in the Holy Company.”