



Ramana Bhaskara



Speech delivered in Arunachalam,
dated 4-12-03.

As a Mother preaches its child, the Lord has preached Bhagavad Gita to the entire mankind making Arjuna as an instrument. On being sorrowful, we become inflicted with a disease but Arjuna secured Self Knowledge. We cry only for our sake but Arjuna cried for everyone's sake. One who cries for everyone's sake secures Self Knowledge. Crying on your own behalf begets disease. The first chapter in the Gita is 'Arjuna vishaada yogam'. The entire foundation has been laid in the first chapter. Our sorrow doesn't become yoga but Arjuna's sorrow became yoga. It is a comprehensive outlook. Arjuna implies 'the white one'. Arjuna's body was not white but his mind was white (pure). Only the one who is pure at heart attains Self Knowledge. Arjuna fought several wars. Some people state that Arjuna became timid at the beginning of the Kurukshetra war. How can such a brave warrior who has fought so many wars suddenly become timid? It is not timidity. It represents Arjuna's goodness. On seeing great warriors like Bheeshma and Drona, Arjuna felt: 'What shall I do with the kingdom earned by killing such great people?' It was out of goodness that Arjuna lamented and not out of fear. The Lord said: "Oh! Arjuna, you are anasuya (non jealous). Being attracted by this single attribute, I preach you the Gita shastra."

If you trust God wholeheartedly and bestow faith in Him, though you may lack discrimination, the Lord gifts you the same and Self Realization too thereafter. Such is the strength of the faith.

Arjuna was Krishna's relative, friend, and trustworthy devotee. Krishna-Arjuna's relationship is an ideal to the entire world. Whenever Krishna

found Arjuna's thought process to be defective, he rectified it immediately.

- ❁ The Last chapter in the Gita is 'MokshaSanyasaYogam'. Having told so much in the entire Gita, finally the Lord has asked to give up liberation also. You don't give up liberation but forgo the clothes (ie take up saffron clothes and become Sanyasi).
- ❁ Don't keep waiting for liberation. It won't come on being anxious. It will come only in the appropriate time (ie whenever it has to come).
- ❁ Lord Krishna said: "Oh! Arjuna, you are known to have given up adharma (non righteousness) but give up the dharma too for My sake."
- ❁ Krishna is constantly identified with the Brahman. Whatever may be the task in hand, He always (all the 24 hours) identified Himself with the Brahman. Krishna was the true Upavasi (one who fasts) When the question came up: 'Who has done the real fasting?', even those who did not eat any food and fasted in a true sense hesitated to raise their hands. However the Lord raised His hands in spite of eating food.'
- ❁ Performing spiritual practices doesn't imply burning the houses or poisoning the minds. The Lord said: "Give up these three ie desire, anger and fear and practice these three ie yagna, charity and penance. It is only referred to as Sadhana (spiritual practices)." If you cannot give up desire, anger and fear, sorrow becomes inevitable not only in this birth but also in the forthcoming birth. Bhagavan said: "These are not three but one only ie desire brings in fear and anger. If the desire is

given up, there is no question of fear and anger.” Any work, if done selflessly and egolessly, becomes equivalent to yagna (sacrifice). The work that benefits the society and brings in spiritual advancement is referred to as yagna. By doing so, the levels of Consciousness increase which gradually brings in Self Realization.

- 🌸 Habituate giving others something or the other of whatever you have. It makes you recipient of God’s Grace. You are habituated to eating but not sharing.
- 🌸 The flaws in the thinking faculty cannot be destroyed merely by education, intellect and honour. Whatever flaws form hurdle in securing Self Realization can be destroyed only through penance. Penance destroys the ego sense and brings in comprehensive outlook. The flaws in the thinking faculty get destroyed and Self Realization is attained.
- 🌸 If you are being rebuked by someone, it implies that you are criticizing yourself. If you are being praised by someone, it implies that you are praising yourselves. One and only One exists ie God alone exists. There is nothing else other than God. If this is understood, the mind’s wavering gets reduced. It merges into the Heart here and now.