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Speech delivered in
Malkipuram, dated 21-01-03.

- 🌸 All of you came onto this planet only to get trained. If you are flawless, there is no need of coming onto this planet. The scriptures point out the flaws within your mind. Therefore if you realize your flaws on the basis of the scriptures and get released from them, you will not get rebirth and need not return back to this abode of sorrow. God has described this world as the transient one and an abode of sorrow. God states: “Nothing is permanent in this world. The world is full of sorrow. Possess devotion for Me. Perform the actions that I admire. Reduce your likes and dislikes. Practice the Sattva and thereby unite within Me.”
- 🌸 The Self that you want to attain is within your Heart. But you have forgotten the same. But you think that it is somewhere else due to your body consciousness. Guru is the one who reveals it to you and facilitates your unison with the Heart.
- 🌸 There is a prayer in the Vedas: “Lead me from ignorance towards Knowledge, from darkness towards Light and from death towards Immortality.” All of you are trying whole-heartedly to get rid of your ignorance and thereby attain Self Realization. It requires self-effort, arrival of appropriate time and God’s Grace. Without the collaboration of all the above three, it is not possible to attain the same. Nothing is possible without God’s Grace. If you think so, it is the sign of your ignorance.
- 🌸 Our elders prescribe: “Reduce your hurry, worry and curry.” Some people get tensed for every trivial thing. They get worried whether the train would come or not inspite of reaching the railway station at appropriate time. Reducing the curry implies- stop eating oily curries

and curries full of masala. This advice is not for all. It is only for sincere spiritual aspirants. Reduce the hurry and worry and be careful about the curry you eat.

- 🌸 Don't talk emotionally. By doing so, you will be distanced from the Self. Therefore avoid the rash speech.
- 🌸 If you are praised by anyone, don't consider it to be true. They praise you only if they need your help to get some work done. If you consider it to be true, you will get deceived.
- 🌸 One who prays solely for his sake is a householder. Those who pray for the sake of others are termed as Sanyasi (monk). If you desire other's welfare, other's reformation and other's progress as you desire your own, you are equivalent to a Sanyasi (monk) inspite of being a householder.
- 🌸 Utilize a portion of your earnings for the sake of your family and the remaining for the sake of society. Possess social consciousness.
- 🌸 Though you strive hard to attain Self Realization, your likes-dislikes constitute the major hurdle for it. They extrovert your mind and enhance your delusion. You get carried away in the endless cycle of birth and death.
- 🌸 Many people are striving hard to earn money. But they are not concerned about the whereabouts of their children ie their day to day activities, friendships, habits and methodologies. They are not concerned whether their children are equipped with requisite wisdom or not to sustain their hard earned money. Some people become complacent if their children get cent percent marks. They are always

concerned about the marks. If the children lack the faculty to discriminate between the good and bad, getting any number of marks would become futile. Education and Wealth are good. But they should help in reformation of themselves, the family as well as the society. Only then God's Grace can be attained.

- 🌸 You have the experience of the body, mind and the world. Utilize all the three of them to bring the Truth within your Heart into your experience. Their utility is only to that extent.
- 🌸 Education begets fame, wealth and everything else. But all these are secondary. You should utilize education for gaining character.
- 🌸 All of you are losing tolerance. Without tolerance, one cannot gain the depths of the Heart. Every family has people with different mentalities. You should synchronize all of them and carry on your life.
- 🌸 Maintain their company whose companionship will enhance your thinking and increase the depths of your Heart.
- 🌸 Don't doubt whether you will attain Self Realization or not. You will certainly attain it. Your thoughts, tendencies and habits make you think so. Suppose there is some hardship within the family or some other reason that disturbs you, you might feel that Self Realization is impossible. But you are bound to get Self Realization. If you don't deserve to get it, you will not even get the thought of coming here.
- 🌸 God resides within your heart and works incessantly. But He doesn't work for the sake of honour. He works only with the intention of taking you to the flawless state. You may not be aware of your flaws but God is aware of the same. He will try to make you become aware of the

same. But if you don't understand them even then, He will ensure that you will get rebuked by your mother-in-law. In order to examine your level of tolerance, God ensures that you are rebuked by someone or the other. God utilizes the people with a bad tongue for this purpose. They exist only for this purpose. When the flaws within are exposed, there is pain to a certain extent. Again, it is He who gives the strength to forbear that pain. By exposing the flaws and giving the strength to forbear the pain in that process, you get purified and made equivalent to God which begets Self Realization.

-  God resides within the Heart only. As you are not eligible enough to recognize Him, you presume that He doesn't exist. You lack discrimination and subtle intellect. You eat everything and grow fat. You also increase the number of your friends and relatives. Everything is getting increased but not your discrimination. There is a growth in the size of your body, relatives as well as your friends but not in your discrimination.
-  You cannot transcend the lust and anger merely by your intellect. As you take refuge in God's feet, contemplate upon His name, meditate upon His form, recognize His Glory, God Himself bestows you with the strength to transcend the lust and anger.
-  Whatever might be the body you reside in, only that seems to be true and you keep admiring it. Such is the strength of the body related tendency. Whatever is revealed as I currently constitute the major hurdle for Self Realization and not something else. It may take several thousands of births to understand this. Your effort is required to get rid of this i.

- 🌸 Don't postpone your spiritual practices. In order to eradicate this body bound I you need the strength of previous birth's meritorious deeds and the wealth of good qualities. Once you accumulate the wealth of good qualities, you will not stop there. You are bestowed with the state devoid of attributes.
- 🌸 A small word is enough to disappoint you. But Lord Rama didn't get disappointed even on hearing the news that He has to give up the Kingdom and travel into the forests. Therefore He became the Supreme Lord.
- 🌸 As a snake emerges from an ant hill, the 'i' thought originates from the Heart. Question the 'i' who it is? Keenly watch it. If you keep vigilance near the anthill, the snake will die one day out of hunger. Similarly on enquiring the source of this 'i' thought, on observing it attentively and ensuring that it doesn't emerge out, the 'i' thought will die due to lack of food.
- 🌸 You don't have devotion for God's feet as you are not aware of His power, glory and Supreme Knowledge. The Maya (Illusion) will not clear your path until you attain devotion for God's feet.
- 🌸 Everyone should tread their own path towards liberation. Others need not be imitated here. Your effort should be whole-hearted, completely devoid of crookedness. Have faith in the path you have preferred and traverse in that path with complete self confidence. Even if everyone abandons you as they are averse to your path, tread your path all alone. If you give up the path due to others, you become dependent. Self Knowledge cannot be attained by the dependents. If you become blissful and peaceful in that path, traverse the same. Even if your near

and dear ones create any hurdles, push them aside and move forward. If you face any family related troubles, don't get worried. There have some relationship with the previous births. They will vanish off once you experience them.

- 🌸 There are two types of education: Spiritual and Material. Both of them are equally important. The first is required to attain liberation and the second is needed for not getting deceived by others. You should not deceive others or get deceived by others.
- 🌸 If you habituate the Sattva and thereby enhance the inner peace, you can pull on with the domestic and external unfavourable situations. If you possess the inner peace, the strength is derived from it. If you can protect the inner peace, you can successfully handle the stress originating from the family as well as the society.
- 🌸 Desire is a thought. Anger is a thought. Death is a thought as well as birth is a thought. Everything in life is but a thought. How many ever thoughts may come, don't get panicked. As long as these thoughts come, don't give up the enquiry of Who am I? It annihilates all the other thoughts and finally gets destroyed. Then the true I is revealed as I.
- 🌸 If you become subject to any hardship, stop viewing it as a hardship. If you change your outlook, the hardship doesn't seem to be a hardship at all. Get rid of the flaw within your outlook.
- 🌸 When the devotee looks at God, not merely his eyes but his every sense organ is filled with the Supreme Bliss. The idol seems to be a stone for a non devotee but when a devotee views it, all his sense organs get cooled and every sense organ experiences the Bliss.

- 🌸 If you are criticized by anyone, you experience sorrow. It is but a feeling. When you are praised by anyone, you feel happy. Even that is a feeling. These feelings lead you towards ruin. If you get rid of them, the mind settles down in the Heart. Quest for Truth alone is relevant. Don't bother about the other feelings.
- 🌸 Even before the body dies, all the flaws within the mind have to be eradicated without any remnant. You must pray God to bestow you with the strength to do it. You must pray for this alone. This should become your first prayer as well as the last prayer. It is because if the flaws within the mind are not eradicated before the body dies, rebirth becomes inevitable.
- 🌸 There exist different types of Jivas. All the Jivas don't desire liberation alone. They ask for dharma (virtue), artha (money), kama (desire) and moksha (liberation). Therefore the Lord has four hands. The first for those who ask for the faculty to practice virtue, the second for those who crave for money, the third for those who ask to fulfill their desires and the fourth for those who crave for liberation alone. If all the Jivas ask for liberation, a single hand would have been enough.
- 🌸 It is good if you have someone who takes care of you but if they die, you don't see that helping hand. Therefore it is better that you take refuge in God because those hands are deathless. You must depend upon those hands alone.
- 🌸 Don't imitate others. Traverse in the path of your liking. The Ganges of Knowledge is within your Heart. If you dive deep within, you will attain the same. Search for the Self where it actually exists. Only then you can attain it.

