



Ramana Bhaskara



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- ❖ None will attain Self Knowledge when the body dies. No spiritual practices are needed for the body's death. It will die on its own on some day or the other. Whoever's mind dies before their body's death, the Truth within the Heart gets revealed to them.

- ❖ A person cannot live without ego. If the ego exists, he represents a human being; if the ego ceases to exist, he is referred to as Maharishi. Get rid of the ego. Whatever worship, yagna or other spiritual practices you may do, don't forget what needs to be given up. Now you have come to Keshavaram. You may visit your relatives and friends here but should not forget the purpose of coming here. You have come here to attend the Satsang sermon. Don't forget this. Similarly what is the purpose of coming into this world? Don't forget the goal (ie what needs to be achieved). You may gain as well as lose the money, education and fame earned according to the body's destiny. But don't forget the purpose for which have come into this world. Where ever you may be, if you cannot get rid of the ego, the vicious circle of birth and death cannot be transcended.

- ❖ The essence of all the religions is same. But why do differences arise between two religions or two persons? It is because they are created by the selfish people. A selfish person cannot assimilate the highest good (summom bonum).

- ❖ Whatever may be the work, don't do it mechanically. Inattentiveness is forbidden. Speak out such words and perform such deeds that will gain you the eligibility to attain God's Grace. Then you will get drenched in

the showers of God's Grace similar to the earth getting drenched in the showers of rain.

- 🌸 Though you may possess the requisite eligibility to attain God's Grace, some people may not accept it out of jealousy. But ignore such jealousy. Elders have prescribed us to lead an ethical life which implies: when you have to see the bad, live like a blind man; when you have to speak the bad, live like a dumb person; when you have to listen to the bad, live like a deaf man. If you lead such an ethical life, the senses and mind get subsided and the mind's introversion is attained. Unless the mind gets introverted, Self Realization cannot be attained.
- 🌸 In one of the Upanishads, it has been mentioned thus: "Though rice may exist within the pot, it won't be visible if the pot is covered by a plate. Similarly there is an Immortal state within the Heart but is covered by the plate called ego and hence not perceptible. You are unable to get rid of this plate called ego since it seems to be gold."
- 🌸 Suppose I love you all whole-heartedly, devoid of selfishness and crookedness, I need not perform any other spiritual practices. My mind enters the cave of Heart and gets subsided automatically.
- 🌸 Learn certain short cuts or tricks in sadhana. Any amount of worships and japas done with pomp and show are of no use. They increase the ego. Even if you don't worship God but lead a very simple life without any pomp and show, the ego gets reduced.
- 🌸 There is a Truth within your Heart. Though it is directly perceptible, the body consciousness and tendencies obstruct the same. The Guru

doesn't bring it (Truth) to you from somewhere else for it exists within the Heart only. The Guru merely tries to release you from the body consciousness and tendencies that constitute a hurdle to realize the Truth.

 The Truth within the Heart is very simple. But you imagine it to be very complicated. This false perception unknowingly becomes the hurdle to realize the Truth. You presume someone else to be the hurdle and waste innumerable births in this wrong thought process. Your thinking faculty believes the false thing to be true. It becomes subject to anxiety and gives up that false thing. It abandons one false thing and gets hold of another. It again forgoes that too. Disturbance, anxiety and struggle exist forever and many births pass by in this manner. At some point of time when the thinking faculty reaches its source (the abode of Truth) by the Guru's Grace, it gets subsided.

 You need not call out the ants to eat sugar. They come on their own to consume sugar. Similarly the entire Jivas get attracted towards a person when he attains Self Realization. Whether such a Realized soul lives in the society or in a cave, whoever has to get liberated through Him will get attracted towards Him. In His presence, the hidden Self gets revealed.

 Lord Krishna has narrated the Gita in a manner that it will be useful to the L.K.G or U.K.G people (low standard people) also. He said: "Give me either a flower or a fruit or some water." But Bhagavan said: "Is this to be considered as a sacrifice? No. Giving up the ego can be termed as sacrifice in a true sense." But why did Krishna say so? It is only to prepare you. He asked you to offer flower or fruit so that you will

gradually reach the heights of spirituality. Krishna has attempted to inculcate the habit of sacrifice through this. Why is sacrifice needed? It is needed so that you can give up the Non Self. In every birth, you keep performing some or the other spiritual practices like the worship, japa etc but always identify yourselves with the Non Self within the mind. Therefore you are unable to enter the cave of Heart. You are not even able to approach it.

 The Guru ensures that you get rebuked by the person whom you love. It is because you carry them in your Heart. The Guru is well aware whom you carry within the Heart. In order to reduce that burden, he ensures that you get rebuked by them. Unless you get those four cuffs, you won't stop carrying that load. You may not be aware of what exists within your Heart but the Guru is very well aware. It is because He exists as the indweller.

 The Guru works incessantly and uninterruptedly in order to release you from the tendencies that form a hurdle to attain Truth Realization. If required, the Guru will take a form and come down for your sake. He keeps giving you the guidance from within. When you are unable to understand that guidance, He will take an external form and comes down to teach. If you are unable to grasp this, consider the Guru as your nearest relative. Any amount of pilgrimages or holy dips in the rivers or reading of scriptures cannot equal the Guru's Grace. Any amount of speeches or writings cannot describe the power of Guru's speech and Guru's Silence. Even if you would like to grasp the Guru's work, you cannot do so. As you are unable to grasp it, you may feel that the Guru is not working at all. The Truth inside is imperceptible to both the speech as well as the mind. Where ever the speech and mind

subside, the Truth gets revealed. Without the annihilation of the ego, the world cannot disappear. Whoever's ego is lost; this entire world gets merged into their Heart.