



Ramana Bhaskara



Speech delivered in Bhimavaram,
dated 1-4-98.

- 🌸 This world seems to be true. Someone inside us views this world through the senses. He is referred to as the mind or Jiva. One who has created this gigantic world and drives the Jivas according to their destiny is referred to as Iswara (God). That which narrates regarding: the world (that is visible), the God (who is the very basis of that world), and the 'i' & its relation with the world & God is referred to as Vedanta.
- 🌸 A devotee asked Bhagavan: "The mind itself is expressed as 'i'. You state that the source of this 'i' is not external but is internal and if the 'i' can be sent into its source and sustained there, all the other thoughts will disappear automatically. I have started practicing this as per your advice. But the mind traverses only to a certain extent but cannot reach its source. What is the solution for this?" Bhagavan replied: "You are trying to send the mind into its source but who is obstructing it?" The devotee replied: "My habits and tendencies are obstructing it. I understand that I lack the requisite courage to overcome them on my own. My spiritual practices are insufficient for this purpose. Unless God's Grace is attained, I cannot overcome them." Bhagavan replied: "Grace is something pertaining to God. First talk about yourself. If you whole-heartedly make the needed effort, it helps you by getting converted into Grace. If you remain pure and make effort with steadfast thinking faculty, the Grace will automatically descend and you will attain that which has to be attained (Self)."
- 🌸 Worship, Japa and meditation are being done unknowingly (without knowing their purpose). If they cannot purify the life, they are of no use. They may beget merit but once its fruit is experienced, it gets exhausted and rebirth becomes inevitable.

- 🌸 God's form and attributes attract human mind to a great extent. Contemplating upon God's form and attributes is inevitable as long as the body consciousness prevails. It is very difficult to contemplate upon the formless God.
- 🌸 Of all the ingredients needed to understand the glory of Self, devotion is very important. Though the Truth is omnipresent, the Truth will not be revealed if you are not a Holy man.
- 🌸 The speech, food and sleep should facilitate your spiritual practices. They will beget Tamas if they become excessive.
- 🌸 Some people are always concerned about their food & wealth and nothing else. Some people keep chanting the Lord's name but cannot tolerate the bite of a red ant ie they chant mechanically with their mouth but don't have the requisite experience. How can they attain Jnana (Self Realization)?
- 🌸 You may hate certain people but God exists even in their Heart ie You are hating God Himself.
- 🌸 Bhagavan said: "Don't resist the mind. Your spiritual practices cannot match the force of mind. Your spiritual practices get defeated by the mind. Don't get into the mind's affairs. Don't care the mind. The mind has to remain un-heeded."
- 🌸 The body, mind and world are motionless in deep sleep. You are blissful even without them in deep sleep. Therefore you can stay even without the body, mind and world.
- 🌸 Even Jnani is a devotee. A Jnani is full of desire less devotion and desire less work. Desire filled Devotion is also devotion. On practicing desire

filled devotion for several births, it gets converted into desire less devotion. You will become subject to God's Grace through desire less devotion.

- 🌸 When Bhagavan was asked: "Does Self Exist?", Bhagavan replied: " Self alone exists. All the other things seem to exist due to your Rajas."
- 🌸 Try to attain that which has to be attained (ie Self). Try to attain that which you desire for. Don't get into the affairs pertaining to Non Self. Put them aside.
- 🌸 Silence also preaches. The experience that cannot be expressed to spiritual aspirants through several sermons (given for hours together) and books can be done by a great Jnani in a fraction of second through His Silence to lighten the lamp of Self Knowledge in the Heart of a spiritual aspirant. Such is the glory of Jnani.
- 🌸 An egoless life alone can reveal the Truth but not the little Japa done on a daily basis.
- 🌸 Don't think of the unknown weaknesses. Try to get released from the known weaknesses. If you make whole-hearted effort in that direction, God will release you from the unknown weaknesses. Even if you have heavy burdens within the Heart, they get washed away in the torrent of God's Grace.
- 🌸 You will get another body after death. It is because you still did not lose the love for world. Don't get excessively involved with the world. Don't invite danger by getting involved in unnecessary things. Carry on the tasks needed to sustain the body. Utilize the remnant time in knowing

the Self and attain the birth less state. Of what use is the devotion if you are contended with a sensual life?

- 🌸 Your behavior should be ego-free in the day to day life. Then the ego gets withered away and drops off automatically. Bhagavan said: “Irrespective of which ever yoga is adopted, try to transcend the ego. The ego based speeches, deeds and friendships resemble a fort made of playing cards. They are not permanent. They will crumble down when the wind blows.”
- 🌸 You need not give up the material affairs and go somewhere else. Your day to day life should be free of likes and dislikes. Then the mind will get introverted. A person with introverted mind will get an intense yearning to attain God from the depths of his heart. Then Self Realization need not be attained, it becomes inevitable.
- 🌸 The work done by a Karma Yogi is visible whereas the work done by a Jnana Yogi is invisible. Therefore the Jnana Yogi seems to be doing nothing from the world’s perspective. Hence the world does not honour the Jnani Yogi in the same manner as it honours a Karma Yogi.
- 🌸 Though you may not be aware, Silence is much more powerful than the word, deed and thought. The Silence of a great Jnani transforms the mode of your life. Such is the power of Silence. Words are needed for a person with gross intellect whereas Silence is sufficient for a person with subtle intellect.
- 🌸 You are trying to view everything with the mind. Hence you are not able to grasp. If that mind gets killed, you will then become a Yogi.

- 🌸 You love only those who love you. Even the worldly people do it. Being a devotee, how is it that you don't love those who have no love for you? How can you be called a devotee then?
- 🌸 The Mukundamala describes the ocean of samsara (worldliness). An ocean consists of wind and waves. In the ocean of samsara, the desires represent the wind and the likes-dislikes represent the ocean. Cyclones too exist in the ocean. In the ocean of samsara, the husband symbolizes a cyclone for wife and the wife symbolizes a cyclone for the husband. Those who fall into this cyclone cannot come back (without Guru's Grace).
- 🌸 Love cannot arise without having mental contact with the Guru. The world cannot be conquered through hatred. It can be conquered only through Love.
- 🌸 Persons performing selfless work or possessing selfless devotion are all immortal.
- 🌸 If you are within my Heart and I am within your Heart, what is the necessity of these dolls (physical bodies)? The dolls may or may not exist. It doesn't matter. You must be able to grasp this. This cannot be understood unless you raise to the Consciousness levels of God.
- 🌸 You are constantly deceived by your mind. Though you are not a good person, the mind keeps stating that you are a good person. Every person's mind keeps deceiving him in this manner. Though you are not eligible enough, the mind deceives you stating that it is God who has not yet bestowed you with the Jnana.

- Don't presume that God's Grace doesn't exist. Prepare the mind to receive His Grace. Perform the pooja (worship) japa and meditation. Make the best use of the God given opportunities. Then the mind gets prepared. Once it gets prepared, it becomes eligible enough to attain God's Grace. You will attain God's Grace based on your eligibility.
- Bhagavan has not suggested you to give up your family life or material affairs and run away somewhere. Your affairs should be pure, steadfast, egoless and devoid of likes-dislikes. You will then prosper both materially as well as spiritually.
- A devotee tells Bhagavan: "I have incurred some sins." Bhagavan replied: "Though you have incurred some sins, you are still pure." The devotee again asked: "What is this Swami? You call me pure inspite of having incurred several sins?" Then Bhagavan replied: "Who are you? You are the Self. The Self is ever pure." Bhagavan always spoke positively. He was never habituated in making negative statements like: "You are a sinner and good for nothing as you have incurred several sins". Bhagavan intended: 'It is the mind which has committed the mistake. You are not that mind. Even when you identify yourselves with the mind, you are the Self. Therefore you are ever pure'. See where Bhagavan is trying to take the mankind.
- Guru bestows His Grace through Silence. It shows you the path and instructs from inside what is true and what is not; what has to be attained and what has to be given up. If Lord Shiva descends down to feed, you may feel great about it. He may feed you and go back but will you attain Jnana through this? Don't look for external miracles and experiences. Experience should happen within. Your mind craves for

the external experiences but not for the Self. The Guru's Silence preaches you the favourable thought to attain the Self. The Guru's Silence constantly bestows you with the Grace in order to take you near the Self and attain it.

 Bhagavan said: "Don't bother about rebirth. Die when you are very much in this body and take birth again in the same body. You will then attain Jnana."